

# ARNSIDE BROADSHEET

January 2026



Monthly circulation: 1500+ (EK)

[broadsheet@arnsidevillage.co.uk](mailto:broadsheet@arnsidevillage.co.uk)

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[www.arnsidevillage.co.uk](http://www.arnsidevillage.co.uk)

[support@arnsidevillage.co.uk](mailto:support@arnsidevillage.co.uk)

**Happy to New Year** and all good wishes for 2026 to all our readers, contributors, and deliverers. Many thanks for your continued support.

**The Christmas tree festival ends 4<sup>th</sup>.** Free entry at **M.Ch.**

**ARNSIDE AND ARNSIDE KNOTT WI** 2.00pm **12<sup>th</sup>**. Talk by Gill Pilling on safari travel in Malawi. All welcome – non-members £3 (includes refreshments) [www.arnsidewi.co.uk](http://www.arnsidewi.co.uk)

**ARNSIDE LECTURE GROUP at WI** 'Keeping it Local - Some windows onto Westmorland's past. **22<sup>th</sup>, 29<sup>th</sup> January, 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>** February at 2.15pm - 4.00pm. £4 per week. Speakers: Roger Bingham, Rob David, Val Fermer. All welcome. Contact David 01524 762854 or Morna 01524 807927 for more information.

**ARNSIDE REPAIR CAFÉ at EI** **26<sup>th</sup> 10.00am – 12.00pm** Volunteer repairers for electrical, wooden, clothing/textile etc for advice & repair. **AbilityNet** - help with computer, tablet or phones. Cash for donations. Fair Trade Cafe. Check we have a repairer for your item: [arnsiderepaircafe@gmail.com](mailto:arnsiderepaircafe@gmail.com)

**A Taste of Coffee** - Joint coffee tasting event organised by Arnside Churches Together and Arnside Fairtrade Group. **31<sup>st</sup> M.Ch** 10.30am. Free entry.

**ARNSIDE COMPUTER GROUP EI**: 2.00pm - 4.00pm **6<sup>th</sup>** What is a computer? **20<sup>th</sup>** What is a Smart Device? Refreshments followed by iMac practice, individual help and a short quiz. All levels of ability catered for, bring your laptop, tablet and phone. EI membership £15, then £3 each session £4.00 non-members. Eileen 01524 761720.

**BUSY BEES Baby & Toddler Group.** Wednesday 10.00am - 11.30am. 50p. **M.Ch Hall** term time. Babies, pre-school children, parents/carers. Sue 01542 761542.

**BUSH BABIES** Friendly baby and toddler group Fridays 9:30am -11:00am. Arnside National School (term time). Babies, pre-school children, parents/carers welcome. £2 per session. 01524 761159 @arnsidebabyandtoddlergroup

**ARNSIDE LADIES CHOIR WI** Fridays 2.00pm – 4.15pm Do you love singing? Come along – all welcome.

**ARNSIDE CHORAL SOCIETY WI** Tuesdays 7.30pm – 9.30pm.

**ARNSIDE SIGHT ADVICE GROUP** **19<sup>th</sup> 10.00am - 12.00pm M.Ch** All visually impaired people welcome. £4 inc. refreshments. Contact Tony Rees 01524 761478.

**ARNSIDE STITCHERS EI** Wednesdays 1.00pm - 4.00pm. We sew, embroider, quilt, knit, crochet and more. Marj: [hartsop97@gmail.com](mailto:hartsop97@gmail.com) or 01524 762634. All welcome.

**DEATH CAFE: 22<sup>nd</sup> at EI.** "Let's talk about death". An opportunity to explore thoughts & feelings about death through shared conversation. Fair trade tea/coffee refreshments provided 2.00pm - 4.00pm. For information: Anne 01524 761059.

**THE BLACKSHEEP UKULELE BAND EI** Thursdays 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or [assykes@gmail.com](mailto:assykes@gmail.com)

**ARNSIDE AND DISTRICT NATURAL HISTORY SOCIETY: WI** **8<sup>th</sup>**, Lecture - Planting for Pollinators 7.30 pm. **20<sup>th</sup>** bird watching trip to Martin Mere. For more information see: [www.arnsideanddistrictnhs.co.uk](http://www.arnsideanddistrictnhs.co.uk)

**AGE UKSC** Lunch Club **7<sup>th</sup> January & 4<sup>th</sup> February.** Ye Olde Fighting Cocks. Booking essential: 01539 728118.

**ARNSIDE ART GROUP WI** Wednesdays 1.30pm to 4.30pm No experience needed just a love of art. Contact Beverley at [arnsideartgroup@gmail.com](mailto:arnsideartgroup@gmail.com)

**ARNSIDE HELPWAYS** medical appointments only. Leave details on: 07534 660667. New drivers wanted – leave details on phone or email. Do not use the email address for transport requests [wood.edge@btinternet.com](mailto:wood.edge@btinternet.com)

**ARNSIDE SNOOKER SOCIAL GROUP EI** Monday & Tuesday 9.00am - 12.00pm. Contact EI office to join.

**SUSTAINABLE ARNSIDE** Regular meeting **14<sup>th</sup> 7.30pm EI.** See [www.sustainablearnside.org.uk](http://www.sustainablearnside.org.uk) for agenda. All welcome.

**Sustainable Arnside offer free thermal imaging surveys** of your house to identify cold spots & improve insulation. Register your interest at [thermalarnside@gmail.com](mailto:thermalarnside@gmail.com) or view [Thermal imaging: Find out where your home is losing heat - Futureproof Cumbria](http://Thermal imaging: Find out where your home is losing heat - Futureproof Cumbria)

**HEAT PUMPS** Find out from experts all you want to know about replacing your gas boiler with a heat pump. Free event on **31<sup>st</sup>** at 2.00pm at WI. Hosted by Sustainable Arnside. Register at <https://cafs.org.uk/events/>

**261 FEARLESS WOMEN'S RUNNING CLUB** Tuesdays 9.30am, Arnside Pier. First meet free then £3 pw or £45 annually. No experience needed. New members welcome. Email [Arnside@261ClubUK.co.uk](mailto:Arnside@261ClubUK.co.uk) for more information.

**ARNSIDE COMMUNITY CAFÉ EI** All welcome for brews, biscuits & banter Mondays 10.15am - 11.30am. Supporting Fair Trade. Pay by donation. Sue van Eijkern 07813 639297.

**STITCH IN TIME / DAYS FOR GIRLS TEAM EI** **22<sup>nd</sup> only.** Lin on 07780 002227 [arnsidestitchintime@gmail.com](mailto:arnsidestitchintime@gmail.com).. 10.00am - 3.00pm We make reusable menstruation kits & knits for women, girls & refugees. New members welcome

**ARNSIDE SAILING CLUB** **31<sup>st</sup> December:** The Size 9.00pm; **3<sup>rd</sup>** Folk Sing-around 1.00pm - 4.00pm; **16<sup>th</sup>** Burns Night Ceilidh with Tattie Bogle; **24<sup>th</sup>** Sailing Club AGM. Tickets online [www.arnsidesailingclub.org.uk](http://www.arnsidesailingclub.org.uk)

**ARNSIDE TABLE TENNIS GROUP EI** Tuesdays 7.30pm-9.30pm & Friday 2.00pm - 4.00pm club bats available. Neil Webster 01524 762127. All welcome.

**ARNSIDE COUNTRY MARKET** returns **13<sup>th</sup> February**.

**ARNSIDE PROBUS EI** every 2<sup>nd</sup> Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 [mikemarczynski2@gmail.com](mailto:mikemarczynski2@gmail.com)

**ARNSIDE RAMBLERS:** Varied walks at differing levels of ability. Secretary Josephine Winwood 01524 923145 [josephine.winwood@yahoo.com](mailto:josephine.winwood@yahoo.com)

**ARNSIDE BRIDGE CLUB EI** Mondays: Beginners: 1.00pm, Chicago Bridge: 1.40pm. Tuesday & Friday Duplicate Bridge: 6.45pm for 7.00pm. [www.bridgewebs.com/arnside](http://www.bridgewebs.com/arnside) or Phil Hine: 01524 761086 / 07768 570900.

**BADMINTON EI** Monday 7.00pm - 9.00pm. New members welcome. Jon Race: [jonrace@btinternet.com](mailto:jonrace@btinternet.com) or 01539 564119 for juniors or Cath Grayson: 01524 761347 or [cathgrayson@hotmail.co.uk](mailto:cathgrayson@hotmail.co.uk)

**ARNSIDE BOWLING CLUB** Season runs March - October. New members welcome. For more information please contact Sue on [arnsideb-c@hotmail.co.uk](mailto:arnsideb-c@hotmail.co.uk)

**Pottery Classes EI** Tuesdays 1.00pm-3.00pm We make a variety of stylised pots using material or nature imprinted into porcelain clay. All abilities welcome. Contact Nik via email: [nhunterdale@yahoo.co.uk](mailto:nhunterdale@yahoo.co.uk)

**ARNSIDE TENNIS CLUB.** Social sessions weekdays from 9.30am. Wednesday from 6.00pm; Sunday from 3.00pm. Pay & play available. See [www.arnsidetennisclub.co.uk](http://www.arnsidetennisclub.co.uk) .

**SCRABBLE AND OTHER GAMES. EI** Wednesdays 7.00pm - 9.00pm. First session free, then £3 per week, tea/coffee provided. All welcome. Fiona Stevens 01524 762371.

**ARNSIDE YOUTH GROUPS** Friday at **EI**. Years 7-9 6.00pm - 7.30pm / Year 10+ 7.45pm - 9.30pm. Contact: [rosiebrown@keyprojectcumbria.onmicrosoft.com](mailto:rosiebrown@keyprojectcumbria.onmicrosoft.com)

**A & S PHOTO CLUB EI** 7.30pm 8<sup>th</sup> Three Image Editing; 15<sup>th</sup> - Open Print Competition; 22<sup>nd</sup> A Journey to an MA in photography. Check programme on website. [admin@arnsideandsilverdalephotoclub.co.uk](mailto:admin@arnsideandsilverdalephotoclub.co.uk) or <https://arnsideandsilverdalephotoclub.co.uk>

**AGE UKSC Gentle Exercise Class: M.Ch.** 01539 728118 Fridays 10.00am - 11.00am. Suggested donation £2.50. Exercise for mobility, strength & balance.

**DANCE STRONG EI** Thursdays 9.30am - 10.15 am  
**RESTORATIVE PILATES** Thursdays 10.30am - 11.30am Sam Horton 07886457563 or [www.fitnessdynamics.co.uk](http://www.fitnessdynamics.co.uk)

**PILATES Joanne Holgate 07970 243711** Thursday 9.30am - 10.30am & 6.30pm - 7.30pm **M.Ch Hall.**

**PILATES WI** Catherine Nixdorf 01524 761811 or 07899 907424 Monday & Wednesday 10.00am -11.00am.

**YOGA CLASS WI** Tuesdays 10.00am -11.00am. Jo: 07760 863318 or [yogawithjomail@gmail.com](mailto:yogawithjomail@gmail.com)

**YOGA BEGINNERS / INTERMEDIATES** Monday 6.00pm **WI.** Contact: Andy 07471 201191.

**ARNSIDE LIBRARY LINK** open Monday - Friday 9.00am - 7.00pm. Saturday 9.00am - 5.30pm. Email [janet.sherwin@cumbria.gov.uk](mailto:janet.sherwin@cumbria.gov.uk) or 01539 713524.

**HERON THEATRE BEETHAM** For 2026 events see: <https://herontheatre.com>

**ARNSIDE ARCHIVE:** Open Wednesdays 10.00am - 12.00pm EI: Email [arnsidearchivegroup@gmail.com](mailto:arnsidearchivegroup@gmail.com) to arrange a visit. See website for local history, picture collections & items of interest - [www.arnsidearchive.org.uk](http://www.arnsidearchive.org.uk)

**ARNSIDE BUS SERVICES** Monday – Saturday to Kendal. Buses leave promenade at 9.30am.

**ST JAMES CHURCH:** Priest-in-charge: Rev. Andrew Norman 015395 62355 [revdabn@gmail.com](mailto:revdabn@gmail.com) / Curate: Revd Hannah Wallace [revhannahwallace@gmail.com](mailto:revhannahwallace@gmail.com) or 01524 449035. Church open for private prayer every day 9.00am to 4.00pm. Services: **6th** 8.00am Holy Communion (BCP), 9.30am Parish Communion; **11th**: 8.00am Holy Communion (BCP) 9.30am Worship Together (a service for the whole church family, young and old); **18<sup>th</sup> and 25<sup>th</sup>**: 8.00am Holy Communion (BCP), 9.30am Parish Communion. Morning Prayer every Wednesday 8.15am. School Church— every Wednesday 9.10am term time.

**OUR LADY OF LOURDES CATHOLIC CHURCH** Open daily 10.00am - 4.00pm Mass & Holy Communion: Saturday 5.30pm. All welcome. [ctkollcc@gmail.com](mailto:ctkollcc@gmail.com) or telephone: 015395 32731. Office Hours: Tuesday & Thursday: 9.30am - 12.30pm. For pastoral emergencies call 01539 720063.

**ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 01524 963716** [www.arnsidemethodistchurch.org.uk](http://www.arnsidemethodistchurch.org.uk) Church open 10.00am – 4.00pm. Bookings for Hall & Church contact Pam 01524 761928.

**Sunday services:** 10.30am - Live streamed on YouTube. Reflective Service on **18<sup>th</sup>** at 4.00pm.

**MONDAY EVENING BIBLE STUDY**, 2nd and 4th

Mondays 7.15pm – 8.45pm. **THURSDAY MORNING**

**BIBLE STUDY** 10.00am – 11.30am. For further information contact Pam 01524 761928. **PRAY**

**TOGETHER WEDNESDAYS** 7.00pm in the church hall. Leave prayer requests in the prayer corner.

**MONDAY FRIENDSHIP GROUP (MFG) M.Ch** hall 2.00pm - 4.00pm: **19<sup>th</sup>**, 'The story so far of a Sinner and a Saint' with Rev Hannah Wallace. £3 includes tea/coffee and cake. Lifts available, contact Pam 01524 7619 28 or Eileen 01524 761720. All welcome.

**ARNSIDE CHRISTIANS TOGETHER** Messy Church – **9<sup>th</sup>**, Fun for families and share a simple meal. **Week of prayer for Christian unity- Service 18<sup>th</sup>**, 3.00pm, Our Lady of Lourdes Roman Catholic Church.

**ARNSIDE PARISH COUNCIL** 7.15pm **Cemetery Chapel** 2<sup>nd</sup> Monday of month. All welcome. For agenda & minutes see: [www.arnsideparishcouncil.co.uk](http://www.arnsideparishcouncil.co.uk)

**ROOMS AVAILABLE TO HIRE EI:** [arnsideei@gmail.com](mailto:arnsideei@gmail.com)  
**WI:** [enquiries@arnsidevillagehall.co.uk](mailto:enquiries@arnsidevillagehall.co.uk), **Sailing Club Clubhouse** [arnsidec.secretary@gmail.com](mailto:arnsidec.secretary@gmail.com)

**FEBRUARY BROADSHEET** email entries for inclusion by midday **15<sup>th</sup> January** to [broadsheet@arnsidevillage.co.uk](mailto:broadsheet@arnsidevillage.co.uk) For more detailed entries for inclusion on the Arnside Community Village Website and Facebook pages email: [support@arnsidevillage.co.uk](mailto:support@arnsidevillage.co.uk) at any time.

Arnside Village website: [www.arnsidevillage.co.uk](http://www.arnsidevillage.co.uk)

**EI:** Educational Institute; **M.Ch:** Methodist Church; **WI:** WI & Village Hall