

ARNSIDE BROADSHEET

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ARNSIDE BRANCH RNLI Meet and Eat WI 10.00am – 12.00pm **30th September** £3 refreshments & tombola.

ARNSIDE COMMUNITY CAFÉ El MacMillan coffee morning **29th September** serving breakfast quiche, cake treats. Brews, biscuits and banter. 10.15am – 11.30am. Coffee mornings every Monday in October same time.

ARNSIDE COMPUTER GROUP El. 2.00pm – 4.00pm **7th** Crypto Currency and Block chains; **21st** Searching the internet. All levels of ability catered for. iMac practice, individual help and short quiz. El members £3 non-members £4. Contact Eileen 01524 761720.

BUSH BABIES Friendly baby and toddler group providing toys & activities to suit children of all ages. Fridays 9:30am -11:00am. Arnside National School (term time). Babies, pre-school children, parents/carers welcome. £2 per session. [@arnsidebabyandtoddlergroup](mailto:01524.761159)

ARNSIDE LADIES CHOIR WI Fridays 2.00pm - 4.15pm Do You Love Singing? Come along all welcome.

ARNSIDE HIGHLIGHTS Budapest Café Orchestra WI **12th** 7.30 pm tickets - www.ticketsource.co.uk/budapest-cafe-orchestra. Ninebarrow, WI **8th November** 7.30 pm. Tickets www.ninebarrow.co.uk/arnside. Wild - a play celebrating what Wild means to us, El **16th November** 7.30pm Tickets: highlightsnorth.co.uk/events/wild/

ARNSIDE LECTURE GROUP **30th** 2.15pm – 4.00pm. Six weekly talks - English Gardens through the Ages. Speaker: Elaine Taylor. £4 per talk. David Aldous: 01524 762854.

ARNSIDE SIGHT ADVICE GROUP Monday **20th** M.Ch 10.30am - 12.00pm. All visually impaired people welcome. £4 inc. refreshments. Contact Tony Rees 01524 761478.

ARNSIDE STITCHERS El Wednesdays 1.00pm - 4.00pm. We sew, embroider, quilt, knit, crochet and more. Marj: hartsop97@gmail.com or 01524 762634. All welcome.

ARNSIDE ART GROUP WI Wednesdays 1.30pm - 4.30pm Contact Beverley at arnsideartgroup@gmail.com

ARNSIDE AND DISTRICT NATURAL HISTORY SOCIETY: WI Talk **9th** 7.30 pm – Richard Bate will be sharing his knowledge of orchids, **Trip** **23rd** Fungus foray at Staveley Craggy Wood with the Cumbria Wildlife Trust. See www.arnsideanddistrictnhs.co.uk for details.

ARNSIDE ARCHIVE: Autumn Exhibition. **11th** 10am-4.00pm, ***The Way We Were***, including another chance by popular demand to see the Gala photographs, old maps, artefacts, Then & Now photographs and highlights of previous exhibitions. Entry £3 including refreshments supplied courtesy of Arnside Fairtrade Group.

THE BLACKSHEEP UKULELE BAND El Thursdays 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com

ARNSIDE SNOOKER SOCIAL GROUP El Monday & Tuesday 9.00am - 12.00pm. Contact El office to join.

MONDAY FRIENDSHIP GROUP (MFG) 2.00pm – 4.00pm: **6th** How We Came to Live in Arnside, **20th** The First Settlers Story - Joan Jackson a retired well-travelled Methodist Lay Preacher. £3 includes refreshments. Lifts available, contact Eileen 01524 761720. All welcome.

ARNSIDE AND ARNSIDE KNOTT WI 2.00pm **13th** talk - The Ghosts of Cumbria – Stories and Myths. All welcome – non-members £3 includes refreshments. **Fundraiser for Arnside WI & Village Hall** – Soup Lunch at WI **18th** 12.00pm - 2.00pm £5 includes a choice of soup/roll and cake. All welcome. Please come along, chat with friends to support us in raising urgently needed funds to enhance and improve the hall facilities. See www.arnsidewi.co.uk

ARNSIDE REPAIR CAFE - El **29th September** and **27th October** 10.00am -12.00pm. Repairers for electrical, wooden, clothing/textile etc for advice and repair. AbilityNet - help with computer, tablet or phones - memory/running slowly. **KING SHARP not at September event.** Cash for donations and Fair Trade Cafe. Note new email address: arnsiderepaircafe@gmail.com

ARNSIDE HELPWAYS medical appointments only. Leave details on: 07534 660667. New drivers wanted – leave details on phone or email. Do not use the email address for transport requests wood.edge@btinternet.com

CHORAL SOCIETY WI Tuesdays 7.30pm -9.30pm.

ARNSIDE BUS SERVICES Mon – Saturday to Kendal. Tuesday - Morecambe. Buses leave promenade at 9.30am. Return journeys check with driver.

STITCH IN TIME / DAYS FOR GIRLS TEAM Lin on 07780 002227 arnsidestitchintime@gmail.com. El. **7th & 21st**, 10.00am - 3.00pm We make reusable menstruation kits & knits for women, girls & refugees. New members welcome.

ARNSIDE SAILING CLUB **5th** Blues Jam 4.00pm – 7.00pm; **14th** Folk Sing-around 1.00pm – 4.00pm; **24th** Stargazing; **25th** Tarran (leading Celtic band). Also sailing, paddleboarding & kayaking. Adult & Youth Improver and Beginner Lessons: www.arnsidesailingclub.org.uk

ARNSIDE TABLE TENNIS GROUP El Tues 7.30pm-9.30pm & Fri 2.00pm-4.00pm club bats available. El members £3 session, visitors £4. Diane Clubb 01524 444828 / Neil Webster 01524 762127. All welcome.

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel **2nd** Monday of month. All welcome. For agenda & minutes see: www.arnsideparishcouncil.co.uk

ARNSIDE COUNTRY MARKET Fridays 9.30am -12.00pm **WI.** Local home baking, crafts, plants, preserves, chocolates & seasonal fruit/ veg. Refreshments. All welcome. Free entry.

ARNSIDE PROBUS EI every 2nd Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 mikemarczynski2@gmail.com

ARNSIDE BRIDGE CLUB EI. Monday: Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm- 4.30pm. No partner req. Tue & Fri Duplicate Bridge: 6.45pm for 7.00pm. Partners req. Phil Hine: www.bridgewebs.com/arnside or 01524 761086 / 07768 570900.

ARNSIDE RAMBLERS: Varied walks at differing levels of ability. arnsideramblers20@gmail.com
josephinewinwood@yahoo.com Secretary Josephine Winwood 01524 923145.

ART EXHIBITIONS:

27th/28th Sept & 4th/5th October Tracy Levine Studio www.tracylevine.co.uk 10.30am - 4.00pm 27, Silverdale Rd. 07811 826387

Val's Greenhouse. Beach Helm. Off Redhills Road. Friday **31st October & 1st November.** 10.00am - 4.00pm.

261 FEARLESS CLUB, ARNSIDE Tuesdays weekly. First session starts 9:30am **7th.** Meet Arnside Pier. Contact Arnside@261ClubUK.co.uk

BADMINTON EI Monday 7.00pm - 9.00pm. New members welcome. Jon Race: jonrace@btinternet.com or 01539 564119 for juniors or Cath Grayson: 01524 761347 or cathgrayson@hotmail.co.uk

ARNSIDE TENNIS CLUB. Social sessions weekdays from 9.30am. Wed from 6.00pm; Sun from 3.00pm. Coaching with LTA accredited coach, James Wright. amandajanedeakin@icloud.com Pay & play available for non-members. See www.arnsidetennisclub.co.uk .

SCRABBLE AND OTHER GAMES EI 7.00pm - 9.00pm First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

ARNSIDE YOUTH GROUPS Friday at EI. Years 7-9 6.00pm - 7.30pm / Year 10+ 7.45pm - 9.30pm. Contact: rosiebrown@keyprojectcumbria.onmicrosoft.com

ARNSIDE & SILVERDALE PHOTORAPHY CLUB EI 7.30pm **9th** Resizing images: **16th** Digital competition: **23rd** Editing; **30th** Wedding photography. For more information see: arnsideandsilverdalephotoclub.co.uk

BUSY BEES Baby & Toddler Group. Wednesday 10.00am - 11:30am. 50p. **M.Ch** Hall term time. Babies, pre-school children, parents/carers. Sue 01542 761542.

AGE UKSC Gentle Exercise Class: M.Ch. 01539 728118 Fridays 10.00am - 11.00am. Suggested donation £2.50. Exercise for mobility, strength & balance.

GENTLE YOGA CLASS WI Tuesdays 10.00am -11.00am. Jo: 07760 863318 or yogawithjomail@gmail.com

YOGA BEGINNERS / INTERMEDIATES Monday 6.00pm WI. Contact: Andy 07471 201191.

PILATES Joanne Holgate 07970 243711 Thursday 9.30am - 10.30am & 6.30pm - 7.30pm **M.Ch Hall.**

Do you know you can recycle your empty/used pill blister packs at Arnside Pharmacy?

PILATES WI Catherine Nixdorf 01524 761811 or 07899 907424 Monday & Wednesday 10.00am -11.00am.

WALK-FIT & TONE EI Thursday 9.30am. **PILATES -** Thursday 10.30am Sam Horton 07886 457563 or sam@fitnessdynamics.co.uk

Moving Dancing Relaxing: EI Fri 10.00am -11.15 am. Bi-monthly classes@ £10 each. Dr Mel Brierley, Pre-booking required: melliebeing@gmail.com or 07745 849714.

ARNSIDE LIBRARY LINK open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk or 01539 713524.

NEURODIVERGENT FAMILIES SUPPORT GROUP

Are you part of a family with neurodivergent members? Join us for an informal get-together at Arnside National School **8th** 6:00pm. It's a chance for adults to chat, share challenges & successes. Children are welcome to attend. www.facebook.com/groups/arnsidesilverdalendfamilies/

ROOMS AVAILABLE TO HIRE in Arnside - EI: 01524 762828 or email arnsideei@gmail.com; **WI:** Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com, **Sailing Club Clubhouse** arnsidesc.secretary@gmail.com

ST JAMES CHURCH: Priest-in-charge, Rev. Andrew Norman 015395 62355 revdabn@gmail.com Curate: Revd Hannah Wallace: revhannahwallace@gmail.com or 01524 449035. Church open for private prayer every day 9.00am to 4.00pm. Services: **5th, 12th, 19th, 26th** 8.00am Holy Communion (BCP); **5th, 12th, 19th 9.30am.** Parish Communion; **26th** 9.30am Service of the Word. Morning Prayer Wednesdays 8.15am. School Church Wednesday 9.10am during term time.

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10.00am - 4.00pm Mass & Holy Communion: Sat 5.30pm. All welcome. ctkollcc@gmail.com or telephone: 015395 32731. Office Hours: Tuesday & Thursday: 9.30am - 12.30pm. For pastoral emergencies call 01539 720063.

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 963716 www.arnsidemethodistchurch.org.uk Church open 10.00am- 4.00pm. Bookings for Church/ hall contact Pam 01524 761928. **Sunday services:** at 10.30am. **14th** United KEMC Service, St Michael & All Angels, Beetham **21st** 4.00pm Reflective Service **PRAYER FELLOWSHIP:** Wednesdays 7.00pm M.Ch Hall. **MONDAY BIBLE STUDY, 13th & 27th,** 7.15pm – 8.45pm. Open to all. **THURSDAY BIBLE STUDY: 2nd & 16th** 10.00am- 11.30am. Contact Pam 01524 761928. **TAPESTRIES EXHIBITION, M.Ch 23rd Sept – 5th October,** 10.00am – 4.00pm Each tapestry tells its story in exquisite detailed and colourful embroidery and appliqué.

ARNSIDE CHRISTIANS TOGETHER Monthly Manna– **3rd,** 12.15pm - 1.30pm @ St. James'. A time of sharing food and conversation. **REST & RESTORE** – a time for prayer for healing and wholeness. **7th,** 6.15pm - 7.00pm at St James. **MESSY CHURCH, 10th,** 3.30pm - 5.30pm M.Ch. **HARVEST SUPPER 16th** 7.00pm WI. £13 for 2 courses (vegetarian option). Sign up via the Churches.

Email entries for inclusion in the November Broadsheet by midday **15th October:** broadsheet@arnsidevillage.co.uk For more detailed webpage and Facebook entries email: support@arnsidevillage.co.uk

EI: Educational Institute; **M.Ch:** Methodist Church; **WI:** WI & Village Hall