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www.arnsideanddistrictnhs.co.uk

## ARNSIDE BROADSHEET February 2025



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## broadsheet@arnsidevillage.co.uk

ARNSIDE HELPWAYS for medical appointments only. Leave details on: 07534 660667. New drivers wanted leave details on phone or email. Do not use the email address for transport requests wood.edge@btinternet.com

ARNSIDE BUS SERVICES Monday - Saturday to Kendal. Tuesday - Morecambe. Buses leave the promenade at 9.30am. Return journeys check with driver.

ARNSIDE ARCHIVE Open Wednesdays 10.00am -12.00pm at the El. Email: arnsidearchivegroup@gmail.com to arrange a visit. See website for local history, picture collections & items of interest - www.arnsidearchive.org.uk

ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY: Thur 6th 7.30 pm - Richard Jefferson talk on his trip to Indonesia'The Natural History of Sulawesi and the northern Moluccas'; Frid 14th - Allan Pentecost will lead a short walk around Beetham Park looking at Lichen

Arnside & Arnside Knott WI - Meeting - 2pm Monday 10th - Caroline Howsley of The Cumbrian Deaf Association is providing a fun afternoon with quizzes and bingo and we will be learningsome signing. All welcome-non members £3 https://www.arnsidewi.co.uk

Silverdale and Arnside Arts Festival in several venues in both villages on Sat 28th and Sunday 29th June 2025. A public meeting will be held on Mon 10th Feb 7pm at Silverdale Hotel where information and application forms will be available. Cost per individual applicant is £10 applicants will be responsible for the management of their own venues. New website is planned. Hope to see lots of enthusiastic artists and craftspeople on the 10th. Further information emailsilverdaleartsfestival@gmail.com or on Facebook: Silverdale and Arnside Arts Festival

Fundraiser for Arnside WI & Village Hall roof repairs -Soup Lunch at the Hall on Sat 1st March 2025 - 12 - 2pm -£5 choice of soup/roll and cake. Raffle,books/jigsaw stall. All welcome. Come along, relax, chat with friends and support us in raising urgently needed funds.

HERON CORN MILL APOLOGIES! - The first public milling demonstration & tour of 2025, FRIDAY 4th APRIL -NOT MARCH 7th as stated in December newsletter

ST JAMES CHURCH: Contact Details: Priest-in-charge, Rev. Andrew Norman 01539562355 revdabn@gmail.com / Curate: Revd Hannah Wallace 01524 449035 revhannahwallace@gmail.com church open for private prayer every day 9.00am to 4.00pm. Services: Sunday: 2<sup>nd</sup>, 9<sup>th</sup>, 8.00am Holy Communion (BCP); 9.30am Parish Communion with Junior Church; Sun. 16th, 8.00am Holy Communion (BCP), 10.30am Joint Covenant Service at Arnside Methodist Church; 23rd 8.00am Holy Communion (BCP) 9.30am Service of the Word.

Morning Prayer every Wednesday 8.15am. School Church - every Wednesday 9.10am during term time.

ARNSIDE SIGHT ADVICE GROUP meets Feb 17th 10.30-12.00 in M.Ch.hall. All visually impaired people welcome. £4.Contact: Tony Rees 01524 761478

MONDAY FRIENDSHIP GROUP MCh Hall 3rd, Swedish Days, 17th The Pyrenees End to End by Bike. £2 includes tea/coffee/cake. contact Pam 761928 or Eileen 761720.

ARNSIDE & SILVERDALE PHOTOGRAPHY CLUB EI Every other Thursday 7.30pm. Visitors welcome. See https://arnsideandsilverdalephotoclub.co.uk/programme\_for more information or email admin@arnsideandsilverdalephotoclub.co.uk

ARNSIDE SNOOKER SOCIAL GROUP El Monday & Tuesday 9.00am - 12.00pm. Contact El office if interested in joining this friendly group.

ARNSIDE CHORAL SOCIETY meet each Tuesday 7.30pm - 9.30pm at WI. New members welcome.

ARNSIDE STITCHERS Wednesdays 1.00pm - 4.00pm El. Marj 01524 762634 or hartsop97@gmail.com

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel 2<sup>nd</sup> Monday of month. All welcome. For agenda & minutes see: www.arnsideparishcouncil.co.uk

ARNSIDE COUNTRY MARKET will return on Friday 14th Feb 9.30-12.00pm WI. Local home baking, crafts, plants, preserves, chocolates and seasonal fruit and veg. FREE entry. Refreshments available. All welcome

ARNSIDE PROBUS El every 2nd Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 mikemarczynski2@gmail.com

ARNSIDE ART GROUP Wednesdays 2.00pm - 4.00pm at the WI. Contact arnsideartgroup@gmail.com

ARNSIDE BOWLING CLUB. Green closed for winter. AGM 22<sup>nd</sup> March at 1.00 pm in the clubhouse. Contact Sheila Fishlock: 015395 62258 Arnsideb-c-@hotmail.co.uk

SUSTAINABLE ARNSIDE is offering free thermal imaging surveys of your home to identify cold spots and to improve insulation. Register your interest or look at thermalarnside@gmail.com or https://cafs.org.uk/retrofitmade-easy/free-thermal-imaging/ for more details.

ARNSIDE LECTURE GROUP History of Lowther and its people – owners, earls, gardens, the modern estate: Thurs at 2.15pm on 6th,13th, 20th, 27th Feb, 6th, 13th March. Speakers: Charlotte Fairbairn, Angela Brunsendorf, Rob David, Ivan Day, Alan Crosby, Lee Schofield.

ARNSIDE LADIES CHOIR. A warm welcome and no audition. WI Fridays 2.00pm - 4.00pm. Contact: 01539 731719 or t\_fleming@talk21.com

ARNSIDE COMMUNITY CAFÉ El brews, biscuits & banter Mondays 10.15am - 11.30am. Sue van Eijkern 07813 639297. Pay as you go. All welcome.

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

ARNSIDE REPAIR CAFÉ EI Reminder 27th January For more information contact: ali@thesandfords.plus.com

ARNSIDE BRIDGE CLUB EI. Monday: Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. Tuesday & Friday Duplicate Bridge: 6.45pm for 7.00pm. Partners required. Phil Hine: <a href="https://www.bridgewebs.com/arnside">www.bridgewebs.com/arnside</a> or 01524 761086 / 07768 570900.

**BADMINTON** at the EI Mondays 7.00pm - 9.00pm. New members welcome. Jon Race 01539 564119 / <u>jonrace@btinternet.com for juniors</u> or Cath Grayson 01524 761347 / <u>cathgrayson@hotmail.co.uk</u>

**ARNSIDE RAMBLERS**: Varied walks at differing levels of ability. <a href="mailto:arnsideramblers20@gmail.com">arnsideramblers20@gmail.com</a> Dawn Hancock: 01524 730223 <a href="mailto:www.arnsideramblers.co.uk">www.arnsideramblers.co.uk</a>

ARNSIDE TENNIS CLUB. Social sessions weekdays from 9.30am. Wednesday from 6.00pm; Sunday from 3.00pm. Coaching with LTA accredited coach, James Wright. <a href="mailto:amandajanedeakin@icloud.com">amandajanedeakin@icloud.com</a> Pay & play available for non-members. See <a href="mailto:www.arnsidetennisclub.co.uk">www.arnsidetennisclub.co.uk</a>.

**THE BLACKSHEEP UKULELE BAND** El Thursdays 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com.

**SCRABBLE AND OTHER GAMES EI** 7.00pm - 9.00pm First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

**ARNSIDE SAILING CLUB 22<sup>nd</sup>** Anne-Marie Sanderson (Folk) 7.45pm. See <a href="https://www.ascclubhouse.co.uk">www.ascclubhouse.co.uk</a>

**ARNSIDE COMPUTER GROUP** at the El: 2.00pm – 4.00pm. Teaching sessions **4**<sup>th</sup> **Operating system**; **21st** Computer hardware. 3.00pm refreshments, iMac practice, individual help & a short quiz. All welcome Non-El members £3 each session. Contact: Eileen 01524 761720.

**ARNSIDE YOUTH GROUPS** Fri at El. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: <a href="mailto:rosiebrown@keyprojectcumbria.onmicrosoft.com">rosiebrown@keyprojectcumbria.onmicrosoft.com</a>

**BUSY BEES Baby & Toddler Group.** Wednesday 10.00am-11:30am. M.Ch Hall during term time. Babies, pre-school children, parents/carers welcome. 50p per session. Sue 01542 761542.

**BUSH BABIES** Friendly baby/ toddler group providing toys & activities to suit children of all ages. Fri 9:30am-11:00am. Arnside National School during term time. Babies, preschool children, parents/carers welcome. £2 per session. 01524 761159 @arnsidebabyandtoddlergroup

**Age UKSL Gentle Exercise Class**: M.Ch. Friday 10.00am - 11.00am. Followed by coffee. Suggested donation £2.50. Gentle exercise for mobility, strength & balance. Age UKSL 01539 728118.

**GENTLE YOGA CLASS** WI (Tuesdays) 10.00am - 11.00am. Jo: 07760 863318 or <a href="mailto:yogawithjomail@gmail.com">yogawithjomail@gmail.com</a>

**YOGA BEGINNERS / INTERMEDIATES** Monday 6.00pm WI. Contact: Andy 07471 201191.

**PILATES Joanne Holgate 07970 243711** Thursday 9.30am - 10.30am & 6.30pm - 7.30pm M.Ch Hall.

**PILATES Catherine Nixdorf 01524 761811 or 07899 907424** WI Monday & Wednesday 10.00am -11.00am.

**PILATES** - Thursday 10.30am El. **WALK-FIT & TONE** - Thursday 9.30am El. Sam Horton <a href="mailto:sam@fitnessdynamics.co.uk">sam@fitnessdynamics.co.uk</a> or 07886 457563

**MOVING DANCING & RELAXING** El Friday 10.00am - 11.15am. To book contact <u>melliebeing@gmail.com</u> or 07745 849714

ARNSIDE TABLE TENNIS GROUP EI Tues 7.30pm-9.30pm & Fri 2.00pm-4.00pm club bats available. EI members £3 session, visitors £4. Diane Clubb 01524 444828 / Neil Webster 01524 762127. All welcome.

ROOMS AVAILABLE TO HIRE EI: 01524 762828 or email arnsideei@gmail.com; WI: Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com Arnside Sailing Clubhouse arnsidesc.secretary@gmail.com

ARNSIDE LIBRARY LINK open Monday -Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk\_ or 01539 713524.

**HERON THEATRE** Brochure available outside the theatre. Booking open for all events up to March 2025 via our website or ticket source. Details of all events are on the website . <a href="https://www.theherontheatre.com">www.theherontheatre.com</a>

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10.00am-4.00pm. Mass & Holy Communion: Saturday 5.30pm. All welcome. Email: <a href="mailto:ctkollcc@gmail.com">ctkollcc@gmail.com</a> or telephone: 015395 32731. Admin Office Hours: Tuesdays & Thursday: 9.30am - 12.30pm. For pastoral emergencies, call 01539 720063.

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 01524 963716. www.arnsidemethodistchurch.org.uk Church open 10.00am – 4.00pm Contact Pam 01524 761928 for church or hall bookings. SUNDAY SERVICES: 10.30am. Sunday Morning Service live-streamed on YouTube. MONDAY EVENING BIBLE STUDY, 2nd and 4th Mondays 7.15pm – 8.45pm. THURSDAY MORNING BIBLE STUDY 10.00am – 11.30am. For further information contact Pam 01524 761928.

**PRAY TOGETHER: WEDNESDAYS** 7.00pm in the church hall. Prayer requests can be left in the prayer corner

ARNSIDE CHRISTIANS TOGETHER- MONTHLY MANNA – A time of food, conversation, and fellowship; sharing questions and insights around the Christian faith. Friday, 8th, 12.15 - 1.30pm @ St. James' - bring some lunch. REST & RESTORE – a time for prayer for healing and wholeness. Tuesday 4th, 6.15 – 7.00pm at St James. MESSY CHURCH, Friday 14th, 3.30 – 5.30pm at the Methodist. Fun for families: – activities, learn more about Jesus and share a simple meal.

DEADLINE FOR MARCH BROADSHEET ENTRIES is 15<sup>th</sup> February: email: broadsheet@arnsidevillage.co.uk For more detailed entries & notices email: Arnside village website: support@arnsidevillage.co.uk for inclusion on the Arnside Village Website and Arnside Village Website Facebook pages. If we know about your local event we can publicise for you.

EI: Arnside Educational Institute; M.Ch: Methodist Church; WI: WI & Village Hall