

# ARNSIDE BROADSHEET

January 2025



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**Happy New Year** to all our contributors and readers. Once again thanks for your continued support and positive feedback during the year.

**Arnside Nativity trail is open until 5th January. See:**  
<https://www.arnsidevillage.co.uk/2024/12/05/arnside-nativity-trail-7th-december-2024-5th-january-2025/>

**ARNSIDE HELPWAYS** for medical appointments only. Leave details on: 07534 660667. New drivers wanted – leave details on phone or email. Do not use the email address for transport requests [wood.edge@btinternet.com](mailto:wood.edge@btinternet.com)

The **Arnside RNLI Committee** sends thanks to all those who contributed (sponsors and boogie dancers) to 30<sup>th</sup> November fundraising disco. We raised £460.

**ARNSIDE BUS SERVICES** Monday – Saturday to Kendal. Tuesday – Morecambe. Buses leave the promenade at 9.30am. Return journeys check with driver.

**ARNSIDE ARCHIVE** Open Wednesdays 10.00am – 12.00pm at the EI. Email: [arnsidearchivegroup@gmail.com](mailto:arnsidearchivegroup@gmail.com) to arrange a visit. See website for local history, picture collections & items of interest - [www.arnsidearchive.org.uk](http://www.arnsidearchive.org.uk)

**ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY:** WI **9th** 7.30pm lecture - How nature restoration is possible - recovery and projects, speaker Karen Lloyd. **15th** Outdoor trip -The geology of Gait Barrows with Mike Warren. See: [www.arnsideanddistrictnhs.co.uk](http://www.arnsideanddistrictnhs.co.uk)

**ARNSIDE AND ARNSIDE KNOTT WI** at WI **13th** 2.00pm. Presentation by Rosie Parkinson from Lovingly Artisan, a small, creative sour dough bakery nr Kendal. All welcome. Non-members £3. [www.arnsidewi.co.uk](http://www.arnsidewi.co.uk)

**ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM.** Tuesday **7th & 21st**, 10.00am - 3.00pm at the EI. We make reusable menstruation kits & knits for women, girls & refugees. New members or visitors always welcome. Lin on 07780 002227 [arnsidesitchintime@gmail.com](mailto:arnsidesitchintime@gmail.com)

**ARNSIDE SIGHT ADVICE GROUP** meeting **20th**, 10.30am - 12.00pm in M.Ch.hall. All visually impaired people welcome. £3. Contact Tony Rees 01524 761478

**ARNSIDE & SILVERDALE PHOTOGRAPHY CLUB** EI Every other Thursday 7.30pm. Visitors welcome. See <https://arnsideandsilverdalephotoclub.co.uk/programme> for more information or email [admin@arnsideandsilverdalephotoclub.co.uk](mailto:admin@arnsideandsilverdalephotoclub.co.uk)

**ARNSIDE SNOOKER SOCIAL GROUP** EI Monday & Tuesday 9.00am - 12.00pm. Contact EI office if interested in joining this friendly group.

**ARNSIDE STITCHERS** Wednesdays 1.00pm - 4.00pm EI. Starts again on Wednesday **15th**. Contact Marj: 01524 762634 or [hartsop9@gmail.com](mailto:hartsop9@gmail.com)

**ARNSIDE PARISH COUNCIL** 7.15pm Cemetery Chapel 2<sup>nd</sup> Monday of month. All welcome. For agenda & minutes see: [www.arnsideparishcouncil.co.uk](http://www.arnsideparishcouncil.co.uk)

**ARNSIDE COUNTRY MARKET** reopens **14th** February.

**ARNSIDE SAILING CLUB** **29th** Soul at Christmas with DJ Dave Brown 3.00pm - 7.00pm. Soul, Motown, Classic, Disco/Northern. **30th** 3.30pm Nick Hennessy Storyteller - suitable for children and adults. **11th** Winter Theory Workshop 11.00am - 1.00 pm. **14th** 1.00pm to 4.00pm Folk Singalong. **17th** 7.00pm Burns Night Ceilidh with Tattie Bogle. **25th** 2.00pm Sailing Club AGM. [www.ASCClubhouse.co.uk](http://www.ASCClubhouse.co.uk) for tickets or see [www.arnsidesailingclub.co.uk](http://www.arnsidesailingclub.co.uk).

**ARNSIDE PROBUS** EI every 2nd Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 [mikemarczynski2@gmail.com](mailto:mikemarczynski2@gmail.com)

**ARNSIDE ART GROUP** Wednesdays 2.00pm - 4.00pm at the WI. Contact [arnsideartgroup@gmail.com](mailto:arnsideartgroup@gmail.com)

**ARNSIDE BOWLING CLUB.** The green is closed for winter. AGM **22<sup>nd</sup> March** at 1.00 pm in the clubhouse. Contact Sheila Fishlock: 015395 62258 or [Arnsideb-c@hotmail.co.uk](mailto:Arnsideb-c@hotmail.co.uk)

**SUSTAINABLE ARNSIDE** is offering free thermal imaging surveys of your home to identify cold spots and to improve insulation. Register your interest or look at: [thermalarnside@gmail.com](mailto:thermalarnside@gmail.com) or <https://cafs.org.uk/retrofit-made-easy/free-thermal-imaging/> for more details.

**ARNSIDE LECTURE GROUP** History of Lowther and its people - owners and earls, the gardens, and the modern estate: 8th, 13th, 20th, 27th February, 6th & 13th March. Speakers Charlotte Fairbairn, Andrea Brunsendorf, Rob David, Ivan Day, Alan Crosby & Lee Schofield.

**ARNSIDE CHORAL SOCIETY** meet each Tuesday 7.30pm - 9.30pm at WI. New members welcome.

**ARNSIDE LADIES CHOIR.** A warm welcome and no audition. WI Fridays 2.00pm – 4.00pm. Contact: 01539 731719 or [t\\_fleming@talk21.com](mailto:t_fleming@talk21.com)

**ARNSIDE COMMUNITY CAFÉ** EI brews, biscuits & banter Mondays 10.15am - 11.30am. Sue van Eijkern 07813 639297. Pay as you go. All welcome. **Closed 23<sup>rd</sup> & 30<sup>th</sup> December. Reopens Monday 6<sup>th</sup> January 2025**

**ARNSIDE REPAIR CAFÉ EI** **27th** 10.00am -12.00pm. Our volunteer repairers will be available to give advice on repairs to: electrical, mechanical, wooden, fabric and running issues for laptops, i-pads and phones. Bring cash for cost of parts. To check we have a repairer on the day email: [ali@thesandfords.plus.com](mailto:ali@thesandfords.plus.com)

**ARNSIDE BRIDGE CLUB EI.** **Monday:** Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. **Tuesday & Friday** Duplicate Bridge: 6.45pm for 7.00pm. Partners required. Phil Hine: [www.bridgewebs.com/arnside](http://www.bridgewebs.com/arnside) or 01524 761086 / 07768 570900.

**BADMINTON** at the EI Mondays 7.00pm - 9.00pm. New members welcome. Jon Race 01539 564119 / [jonrace@btinternet.com](mailto:jonrace@btinternet.com) for juniors or Cath Grayson 01524 761347 / [cathgrayson@hotmail.co.uk](mailto:cathgrayson@hotmail.co.uk)

**Arnside Broadsheet** is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

Many of our clubs and societies need more new and enthusiastic volunteers. If you think you could help in anyway why not contact them to see what you can do.

**ARNSIDE RAMBLERS:** Varied walks at differing levels of ability. [arnsideramblers20@gmail.com](mailto:arnsideramblers20@gmail.com) Dawn Hancock: 01524 730223 [www.arnsideramblers.co.uk](http://www.arnsideramblers.co.uk)

**ARNSIDE TENNIS CLUB.** Social sessions weekdays from 9.30am. Wednesday from 6.00pm; Sunday from 3.00pm. Coaching with LTA accredited coach, James Wright. [amandajanedekin@icloud.com](mailto:amandajanedekin@icloud.com) Pay & play available for non-members. See [www.arnsidetennisclub.co.uk](http://www.arnsidetennisclub.co.uk) .

**THE BLACKSHEEP UKULELE BAND** EI Thursdays 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or [assykes@gmail.com](mailto:assykes@gmail.com).

**SCRABBLE AND OTHER GAMES** EI 7.00pm - 9.00pm First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

**ARNSIDE COMPUTER GROUP** at the EI: 2.00pm – 4.00pm. Teaching sessions **7th** Word Processors; **21st** Artificial Intelligence. 3.00pm refreshments, iMac practice, individual help & a short quiz. All welcome Non-EI members £3 each session. Contact: Eileen 01524 761720.

**ARNSIDE YOUTH GROUPS** Fri at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: [rosiebrown@keyprojectcumbria.onmicrosoft.com](mailto:rosiebrown@keyprojectcumbria.onmicrosoft.com)

**BUSY BEES Baby & Toddler Group.** Wednesday 10.00am-11:30am. M.Ch Hall during term time. Babies, pre-school children, parents/carers welcome. 50p per session. Sue 01542 761542.

**Age UKSL Gentle Exercise Class:** M.Ch. Friday 10.00am - 11.00am. Followed by coffee. Suggested donation £2.50. Gentle exercise for mobility, strength & balance. Age UKSL 01539 728118. Not running **27th** December or **3rd** January.

**GENTLE YOGA CLASS** WI from **11th** (Tuesdays) 10.00am -11.00am. Jo: 07760 863318 or [yogawithjoi@gmail.com](mailto:yogawithjoi@gmail.com)

**YOGA BEGINNERS / INTERMEDIATES** Monday 6.00pm WI. Contact: Andy 07471 201191.

**PILATES Joanne Holgate 07970 243711** Thursday 9.30am - 10.30am & 6.30pm - 7.30pm M.Ch Hall.

**PILATES Catherine Nixdorf 01524 761811 or 07899 907424** WI Monday & Wednesday 10.00am -11.00am.

**PILATES - Thursday 10.30am EI. WALK-FIT & TONE - Thursday 9.30am EI.** Sam Horton [sam@fitnessdynamics.co.uk](mailto:sam@fitnessdynamics.co.uk) or 07886 457563

**MOVING DANCING & RELAXING** EI Friday 10.00am - 11.15am. To book contact [melliebeing@gmail.com](mailto:melliebeing@gmail.com) or 07745 849714

**ARNSIDE TABLE TENNIS GROUP** EI Tues 7.30pm-9.30pm & Fri 2.00pm-4.00pm club bats available. EI members £3 session, visitors £4. Diane Clubb 01524 444828 / Neil Webster 01524 762127. All welcome.

**The Storth 25th Anniversary Coffee Morning in aid of St John's Hospice and Hospice at Home** held on 16th November raised £4,326. That's £53,744 over 25 years.

**DEADLINE FOR FEBRUARY BROADSHEET ENTRIES** is **15th January:** email: [broadsheet@arnsidevillage.co.uk](mailto:broadsheet@arnsidevillage.co.uk) **For more detailed entries & notices email: Arnside village website: [support@arnsidevillage.co.uk](mailto:support@arnsidevillage.co.uk)** for inclusion on the *Arnside Village Website* and *Arnside Village Website Facebook* pages. If we know about your local event we can publicise for you.

**ROOMS AVAILABLE TO HIRE EI:** 01524 762828 or email [arnsideei@gmail.com](mailto:arnsideei@gmail.com); **WI:** Lindy Brough 01524 761752 or [Arnside.village.hall@gmail.com](mailto:Arnside.village.hall@gmail.com) **Arnside Sailing Clubhouse** [arnsidesc.secretary@gmail.com](mailto:arnsidesc.secretary@gmail.com)

**ARNSIDE LIBRARY LINK** open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email [janet.sherwin@cumbria.gov.uk](mailto:janet.sherwin@cumbria.gov.uk) or 01539 713524.

**HERON THEATRE** Brochure of events available outside the theatre. Details of all events are on the website [www.theherontheatre.com](http://www.theherontheatre.com) Booking open for all events up to March 2025 via our website or ticket source.

**OUR LADY OF LOURDES CATHOLIC CHURCH** Open daily 10.00am-4.00pm. Mass & Holy Communion: Saturday 5.30pm. All welcome. Email: [ctkollcc@gmail.com](mailto:ctkollcc@gmail.com) or telephone: 015395 32731. Admin Office Hours: Tuesdays & Thursday: 9.30am - 12.30pm. For pastoral emergencies, call 01539 720063.

**ARNSIDE CHRISTIANS TOGETHER - MONTHLY MANNA:** Conversation, fellowship; sharing questions around the Christian faith. **3rd**, 12.15pm - 1.30pm @ St. James' - bring some lunch. **REST & RESTORE** a time for prayer and healing **7th**, 6.15pm at St James. **MESSY CHURCH**, a joint venture of the Methodists and Anglicans **10th** 3.30pm-5.30pm **M.Ch. WEEK OF PRAYER for CHRISTIAN UNITY SERVICE 19th** 3.00pm Our Lady of Lourdes Roman Catholic Church, Arnside.

**ST JAMES CHURCH:** Priest-in-charge, Rev. Andrew Norman 015395 62355 [revdabn@gmail.com](mailto:revdabn@gmail.com) / Curate: Revd Hannah Wallace: 01524 449035 [revhannahwallace@gmail.com](mailto:revhannahwallace@gmail.com) Church open for private prayer every day 9.00am to 4.00pm. **Services:** Sundays, **5th** 8.00am Holy Communion (BCP), 9.30am Parish communion; **12th** 8.00am Holy Communion (BCP) 9.30am Worship together; **19th & 26th** 8.00am Holy Communion (BCP), 9.30am Parish Communion, (Junior church each week at main service). **Morning Prayer** Wednesdays: 8.15am. **School Church** 9.10am during term time.

**ARNSIDE METHODIST CHURCH** Rev Tiras Dainty-Share 01524 963716. [www.arnsidemethodistchurch.org.uk](http://www.arnsidemethodistchurch.org.uk) Church open 10.00am – 4.00pm Contact Pam 01524 761928 for church or hall bookings. **SUNDAY SERVICES:** 10.30am. Sunday Morning Service live-streamed on YouTube. Reflective Service on 19th at 4.00pm.

**MONDAY EVENING BIBLE STUDY**, 2nd and 4th Mondays 7.15pm – 8.45pm. **THURSDAY MORNING BIBLE STUDY** 10.00am – 11.30am. For further information contact Pam 01524 761928. **PRAY TOGETHER: WEDNESDAYS** 7.00pm in the church hall. Prayer requests can be left in the prayer corner

**MONDAY FRIENDSHIP GROUP (MFG)** 2.00pm – 4.00pm 20th, A Misshapen Gorilla – a visit to Rwanda. £2 includes tea/coffee and cake. Lifts available, contact Pam 01524 761928 or Eileen 01524 761720. Everyone welcome.

**EI:** Arnside Educational Institute; **M.Ch:** Methodist Church; **WI:** WI & Village Hall