

Companionship

According to research from AGE UK, loneliness affects 1.4 million older people in the UK. Our companionship services aim to combat this major societal issue.

Our companionship services can include:

- Help with hobbies and interests
- Conversations and reminiscing
- Trips out for lunch and coffee
- Walking, swimming, hiking
- Support to attend appointments
- Support with shopping

Home Help

Getting older means that often, the structure and way in which we go about our lives changes, as certain tasks become a little more challenging. Often referred to as 'domiciliary care', Fellside Homecare's specially trained and friendly care giving team can provide assistance with the following household tasks:

- General housekeeping
- Garden care
- Meal preparations
- Laundry and ironing

Personal Care

As always, at Fellside Homecare, dignity and discretion are at the core of the services we provide. We understand the trust and rapport required to provide personal care support involving physical contact between a care giver and a client. This is why our detailed and personalised care plans help our trained personal care providers to deliver this essential service with professionalism, maintaining our client's modesty and dignity.

Our Personal care services can include:



- Medication administration
- Dressing and undressing
- Eating
- Hair and nail care
- Continence support
- Assisting up and out of bed/ back to bed service
- Help with bathing/showering/oral hygiene