

ARNSIDE BROADSHEET

November 2024



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arnsidevillage.co.uk

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ARNSIDE HELPWAYS for medical appointments only. Leave details on: 07534 660667. New drivers wanted – leave details on phone or email. Do not use the email address for transport requests wood.edge@btinternet.com

ARNSIDE BUS SERVICES Mon – Sat to Kendal. Tues – Morecambe. Buses leave the promenade at 9:30am. Kirby Lonsdale Thurs bus leaves the promenade at 7:45am Timetables at bus stop. Return journeys check with driver.

ARNSIDE ARCHIVE Open Wednesdays 10am -12pm at the EI. Email: arnsidearchivegroup@gmail.com to arrange a visit. See website for local history, picture collections & items of interest at www.arnsidearchive.org.uk.

ARNSIDE CHORAL SOCIETY meet each Tuesday 7.30pm - 9.30pm at WI. New members welcome.

ARNSIDE SIGHT ADVICE GROUP meets 18th 10.30am-12.00pm M.Ch.Hall. All visually impaired people welcome: £3. Transport available Tony Rees 01524 761478.

ARNSIDE & SILVERDALE PHOTOGRAPHY CLUB EI Every other Thursday 7.30pm. Visitors welcome to try us out. The year's programme and much more is on our website at <https://arnsideandsilverdalephotoclub.co.uk/programme> or get in touch via email at admin@arnsideandsilverdalephotoclub.co.uk

ARNSIDE SNOOKER SOCIAL GROUP EI Monday & Tuesday mornings 9.00am - 12.00pm. Contact the EI office if you are interested in joining this friendly group.

ARNSIDE LECTURE GROUP Music & Entertainment in North West England. Oct 31st, Nov 7th, 14th, 21st, 28th 2pm. David Aldous 01524 762854 or davidmgaldous@yahoo.co.uk

ARNSIDE STITCHERS Wednesdays 1.00pm - 4.00pm EI. We sew, embroider, quilt, knit, crochet and more. Contact Marj: 01524 762634 for more information. All welcome.

ARNSIDE HIGHLIGHTS EI Tel 079800 77084 Love it if We Beat Them, 2nd 7.30pm Book: highlightsnorth.co.uk/event/love-it-if-we-beat-them/ Mohand & Peter, PSYCHEDelight Theatre Co 30th 7:30pm Book <https://highlightsnorth.co.uk/event/mohand-peter/> Creative Highlights. Metal Embossed Christmas Ornament 9th 10.30am, £35 (+ fee) Learn the art of metal embossing. Tools & materials provided to make tree ornament Book: highlightsnorth.co.uk/event/creative-highlights-metal-embossed-christmas-ornament/

ARNSIDE COUNTRY MARKET Fridays 9.30am-12.00pm WI. Local home baking, crafts, plants, preserves, seasonal fruit & veg. Free entry. All welcome. Refreshments.

ARNSIDE PROBUS EI every 2nd Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 mikemarczynski2@gmail.com

ARNSIDE ART GROUP Wednesdays 2.00pm-4.00pm at the WI. Contact arnsideartgroup@gmail.com

ARNSIDE COMMUNITY CAFÉ EI brews, biscuits & banter Mondays 10.15am - 11.30am. Sue van Eijkern 07813 639297. Pay as you go. All welcome.

SUSTAINABLE ARNSIDE. This winter we are offering free thermal imaging surveys of your house so you can identify cold spots and improve insulation. To register your interest or find out more email thermalarnside@gmail.com or view <https://cafs.org.uk/retrofit-made-easy/free-thermal-imaging/>. Make your house warmer and save energy!

CUMBRIA ACTION FOR SUSTAINABILITY will be doing an advice session on Thursday 14th from 10.30am till 12 at Arnside EI Westmorland Room. They will be able to discuss home energy, smart meters and any benefits you may be entitled to now you don't get the winter fuel allowance. Come along for a chat and a warm drink

ARNSIDE LADIES CHOIR WI 2.00 pm. Contact: 01539 731719 t-fleming@talk21.com All welcome.

ARNSIDE BRIDGE CLUB EI. Mondays: Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. Tuesdays & Fridays Duplicate Bridge: 6.45pm for 7.00pm. Partners required. Phil Hine: www.bridgewebs.com/arnside or 01524 761086 / 07768 570900

BADMINTON AT THE EI Mondays 7.00pm-9.00pm. New members welcome. Jon Race 01539 564119 jonrace@btinternet.com for juniors or Cath Grayson 01524 76134 / cathgrayson@hotmail.co.uk

ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY WI 14th 7.30 pm WI – Ian Brodie will give a talk. 20th Wildlife on the Indian Subcontinent. Trip to Caerlaverock WWT reserve on the Solway Coast, meeting at the reserve at about 11.30 See www.arnsideanddistrictnhs.co.uk for moreinfo

ARNSIDE RNLI DISCO WI Sat 30th 7.00 pm. Following last years popular Disco, the Arnside RNLI invite you to our 2024 Disco - Music through the Decades, with the ever popular local DJ Dave Brown. Raffle with great prizes. Prize for best decade outfit. Bring your own booze and glasses. Tickets are £20.00 to include Pie and Peas supper. Tickets by e-mail to Arnsidernlifundraising@gmail.com or ring Del on 01524 761776.

ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM Lin on 07780 002227 arnsidedstitchintime@gmail.com. Tuesday 5th & 19th, 10am - 3pm EI. **Tue 19th Awareness & Open Afternoon 1:30 – 3pm: Cakes, Craft stall, Raffle, Tea and see us at work.** We make reusable menstruation kits & knits for women, girls & refugees.

ARNSIDE TENNIS CLUB. Social sessions weekdays from 9.30am. Wednesday from 6.00pm; Sunday from 3.00pm. Coaching with LTA accredited coach, James Wright. amandajanedekain@icloud.com www.arnsidedtennisclub.co.uk . Pay & play available for non-members.

THE BLACKSHEEP UKULELE BAND EI Thursdays 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com.

SCRABBLE AND OTHER GAMES EI 7.00pm - 9.00pm for friendly games. First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

ARNSIDE COMMUNITY FIREWORKS are pleased to announce the availability of modest funding now earmarked for distribution to projects and activities that demonstrate a benefit for the village community. The committee will accept applications up to December 6th. If interested, please provide details of your request via arnsidefireworks@hotmail.com

ARNSIDE RAMBLERS: Varied walks at differing levels of ability. Dawn Hancock: 01524 730223 arnsideramblers20@gmail.com www.arnsideramblers.co.uk

ARNSIDE YOUTH GROUPS Fridays at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: rosiebrown@keyprojectcumbria.onmicrosoft.com

BUSY BEES Baby & Toddler Group. Wednesdays 10.00am-11:30am. Methodist Hall during term time. All babies, pre-school children, parents/carers welcome. 50p per session. Sue 01542 761542.

AgeUK Seated Exercise Class: M.Ch. Fridays 10.00am - 11.00am. Followed by coffee £2.50. Gentle exercise for mobility, strength & balance. Eileen 01524 761720.

GENTLE YOGA CLASS WI Tuesdays 10.00am -11.00am. Jo: 07760 863318 or yogawithjomail@gmail.com

YOGA BEGINNERS / INTERMEDIATES Mondays 6.00pm WI. Contact: Andy 07471 201191.

PILATES Joanne Holgate 07970 243711 Thursdays 9.30am -10.30am & 6.30pm - 7.30pm M.Ch Hall.

PILATES Catherine Nixdorf 01524 761811 or 07899 907424 WI Mondays & Wednesdays 10.00am -11.00am.

PILATES - Improve posture, gain strength & move more freely Thursdays 10.30am EI.. **WALK-FIT & TONE - Low Impact, fun exercise to music** Thursdays 9.30am EI. Contact Sam Horton sam@fitnessdynamics.co.uk or 07886 457563

MOVING DANCING & RELAXING EI Fridays 10.00am - 11.15am melliebeing@gmail.com or 07745 849714 Dr Melanie Brierley (Registered Somatic Movement Educator and dance & health artist).

ARNSIDE TABLE TENNIS GROUP EI Tuesdays 7.30pm-9.30pm & Fridays 2.00pm-4.00pm. Informal play, club bats available. EI members £3 session, visitors £4. Diane Clubb 01524 761299 / Neil Webster 01524 762127. All welcome.

SPORTS AND HOLISTIC MASSAGE Mobile, introductory rate £25/hour until 1.1.25. Contact Grace 078103 88804 or grace_leedham@icloud.com

ROOMS AVAILABLE TO HIRE EI: 01524 762828 or email arnsideei@gmail.com; **WI:** Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com **Arnside Sailing Clubhouse** arnsidesc.secretary@gmail.com

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel 2nd Monday of month. All welcome to attend & speak. www.arnsideparishcouncil.co.uk for agenda & minutes.

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 01524 963716 www.arnsidemethodistchurch.org.uk Church open 10.00am-4.00pm. **Bookings for hall/church:** Contact Pam 01524 761928. **SUNDAY SERVICES** at 10.30am. Sunday Morning Service live streamed on YouTube.

MONDAY EVENING BIBLE STUDY, 2nd and 4th Mondays 7.15 – 8.45pm. For further information contact Pam 01524 761928. **PRAY TOGETHER: WEDNESDAYS** 7.00pm in the church hall. Prayer requests can be left in the prayer corner.

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10.00am-4.00pm. **Mass & Holy Communion** 5.30pm every Saturday & 10.00am Thursdays. All welcome. Fr. Philip Smith 015395 32731, ctkollcc@gmail.com or www.kentestuarcatholicchurches.co.uk

ST JAMES CHURCH: Priest-in-charge Rev Andrew Norman: 015395 62355 revdabn@gmail.com / Curate: Revd Hannah Wallace: 01524 449035 revhannahwallace@gmail.com Church open for private prayer every day 9.00am to 4.00pm. **Services:** Sun 3rd 8am Holy Communion (BCP), 9.30am Parish Communion with Junior Church; Sun.10th (Remembrance Sunday): 8am Holy Communion (BCP), 10am Laying of Wreaths at the Playing Fields, 10.30am Village Service of Remembrance; Sun 17th: 8am Holy Communion (BCP), 9.30am Worship Together with Junior Church; Sun 24th: 8am Holy Communion (BCP) 9.30am Parish Communion with Junior Church. **Morning Prayer** every Wednesday 8.15am. **School Church** – every Wednesday 9.10am during term time.

ARNSIDE LIBRARY LINK open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk or 01539 713524.

HERON THEATRE Brochure of events available outside the theatre. Details of all events are on the website www.theherontheatre.com Booking open for all events up to March 2025 via our website or ticket source..

The McMillan coffee morning raised £401. Thanks to everyone for their support.

ARNSIDE & ARNSIDE KNOTT WI 2pm Mon 11th The annual members meeting. Instead of a speaker, members organise fun and games. All welcome. Small charge for non-members £3 which includes refreshments. <https://www.arnsideei.co.uk>

ARNSIDE WI & VILLAGE HALL Fundraiser for roof repairs – The WI is having a Soup Lunch at the Hall on Sat 9th 12 till 2pm - £5 includes a choice of soup/roll and cake. Raffle and tombola stall. All welcome. Please come along, relax, chat with friends and support us in raising urgently needed funds.

DEADLINE FOR DECEMBER BROADSHEET ENTRIES is 15th November: email: broadsheet@arnsidevillage.co.uk **For more detailed /larger entries & notices email** Arnside village website: support@arnsidevillage.co.uk.

EI: Educational Institute; M.Ch: Methodist Church; WI: WI & Village Hall;