



## Can you help with our trauma research?

## Have you experienced a traumatic event?

We are trying to understand the impact of trauma on mental health.

Our researchers are looking to hear from people who have had a traumatic experience. These may include:

- serious accidents
- life-threatening illness
- sexual or physical assault
- childhood or domestic abuse

**Take part:**  
[bit.ly/LSCFT](https://bit.ly/LSCFT)



**Get in touch**  
[info@ncmh.info](mailto:info@ncmh.info)  
029 2068 8401