

ARNSIDE BROADSHEET

AUGUST 2024



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broadsheet@arnsidevillage.co.uk

support@arnsidevillage.co.uk

ARNSIDE BROADSHEET Our monthly Broadsheet only thrives and survives with the help of a team of dedicated volunteers. As holidays beckon and circumstances change, we also rely on new recruits stepping in to cover or to take on, a delivery slot. If you feel you could offer up to an hour just once a month to join this merry band please contact our delivery coordinator, Sue van Eijkern on 07815639297 or email suevaneijkern@icloud.com

Just a reminder to all of our clubs and societies - we rely on voluntary donations to keep the Broadsheet going. All contributions gratefully received. Thank You

HERON CORN MILL summer programme includes: Mill tours; Foodie Fridays; Crafternoons and Powsowdie. For details see www.heronmill.org or email: info@heronmill.org

Arnside Horticultural Society residual funds have been spent on purchasing bulbs and corms to enhance Arnside even more, by planting in the verges and public open spaces. This is subject to obtaining a licence from W+ F council. Assistance is required for this for further details please contact Neville Jackson 01524 761158.

ARNSIDE SAILING CLUB Music

Sat 3 - Katie and the Bad Sign Sun 4 - Blues Jam with Thieving Magpies Sat 10 - Voulez Vous - Abba tribute band Mon 28 - Arnside Maritime Singing Festival (Singing on the Pier and in Clubhouse)

Tickets www.ASCClubhouse.co.uk

Watersports

Fri 2 and Sat 11 - Youth Taster Arnside

Sat 3 - Adult Taster Arnside

Tues 6 - Fri 9 Youth Beginner, Killington

Sat 10 - Adult Beginner, Killington

Tues 13 - Fri 16 Youth Beginner, Killington

Sat 17 Beginner Paddle Board and Kayak

To book www.arnsidesailingclub.co.uk

ARNSIDE WI & VILLAGE HALL – As part of our campaign to raise funds for roof repairs we are holding a Table Top Sale on 7th Sept from 10 am to 2pm. Sell your unwanted items - Antiques, Bric a Brac, Puzzles, Household, Books, Toys, Jewellery, Tools, Hardware. £10 per table. Why not share a table with a friend? Refreshments available. To book ring Liz 01524 762740

Arnside & Arnside Knott WI - There is no meeting in August. The next meeting is Monday 9th September when the talk will be about Ultra Processed Foods in our diet.

ARNSIDE & SILVERDALE PHOTOGRAPHY CLUB (previously Junction 36 Photoclub) EI Thursdays 7.30pm starting in September. Talks on a variety of subjects & competitions. Contact robjackzn@aol.com

ARNSIDE COMPUTER GROUP EI: Tuesdays 2.00pm – 4.00pm Teaching session with Chris Kirk@ 2pm 6th Search Engines, 20th Home Entertainment then refreshments followed by individual help and a quiz. All levels of ability catered for. Bring your laptop, tablet and phone. EI members £3, non members £4.. Eileen 761720.

ARNSIDE SNOOKER SOCIAL GROUP EI Monday & Tuesday mornings 9.00am - 12.00pm. Contact the EI office if you are interested in joining this friendly group.

ARNSIDE BUS SERVICES: Mon-Sat to Kendal; Tues-Morecambe. Buses leave promenade at 9.30am. Kirkby Lonsdale Thurs leaves the promenade at 7.45am. Timetables at bus stop. Return journeys check with driver.

ARNSIDE ARCHIVE – Wednesdays 10.00am-12.00pm EI. Email: arnsidearchivegroup@gmail.com to arrange visit. See website for local history, picture collections & items of interest: www.arnsidearchive.org.uk

ARNSIDE BOWLING CLUB Come and have a try, all ages welcome. Bowls and instruction available. Social bowling Tuesday, Friday & Sunday from 2.00pm or by arrangement. Contact Sheila Fishlock 015395 62258.

ARNSIDE SIGHT ADVICE GROUP meets Mon 19th, 10.30 -12.00at M.Ch. hall. All visually impaired people welcome.£3.Contact: Tony Rees 01524 761478

ARNSIDE COUNTRY MARKET Fridays 9.30am-12.00pm WI. Local home baking, crafts, plants, preserves, seasonal fruit & veg. Free entry. All welcome. Refreshments.

ARNSIDE PROBUS EI every 2nd Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 mikemarczynski2@gmail.com

ARNSIDE COMMUNITY CAFÉ EI for brews, biscuits & banter Mondays 10.15am - 11.30am. We are taking a break in August, resuming in September. Sue van Eijkern 01524 761428 / 07813639297

ARNSIDE STITCHERS starts again on Wed 11th September. Contact: Marj on 01524 762634

ARNSIDE LADIES CHOIR starts again on Friday 13th September. Contact: 01539 731719 t-fleming@talk21.com

ARNSIDE BRIDGE CLUB EI. Monday: Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. **Tuesday & Friday** Duplicate Bridge: 6.45pm for 7.00pm. Partners required. Contact: Phil Hine 01524 761086 or 07768 570900 or www.bridgewebs.com/arnside

ARNSIDE ART GROUP Wednesdays 2.00pm-4.00pm at the WI. Contact paul.beverly57@gmail.com

BADMINTON AT THE EI Mondays 7.00pm-9.00pm new members welcome. Contact: Jon Race 01539 564119 / jonrace@btinternet.com for juniors or Cath Grayson 01524 76134 / cathgrayson@hotmail.co.uk

ARNSIDE TENNIS CLUB Membership available. Social sessions weekday mornings from 9.30am. Wednesdays from 6.00pm; Sundays from 3.00pm. Coaching with LTA accredited coach, James Wright. Pay & play available for non-members. Email amandajanedeakin@icloud.com or visit www.arnsidetennisclub.co.uk

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

THE BLACKSHEEP UKULELE BAND EI Thursday 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com.

SCRABBLE AND OTHER GAMES EI 7.00pm - 9.00pm for friendly games. First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

ARNSIDE RAMBLERS; Varied walks at differing levels Sec :Dawn Hancock 01524 730223 further info arnsideramblers20@gmail.com www.arnsideramblers.co.uk

ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM Lin on 07780 002227 arnsidedstitchintime@gmail.com. No meeting in August: usually 1st and 3rd Tuesdays.

ARNSIDE YOUTH GROUPS Fridays at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: rosiebrown@keyprojectcumbria.onmicrosoft.com

AgeUK Seated Exercise Class: M.Ch. NOTE CHANGE OF TIME ONLY ONE CLASS each Friday 10.00-11.00am. Followed by coffee £2.50. Gentle exercise for mobility, strength & balance. Eileen 761720.

GENTLE YOGA CLASS WI Tuesday 10.00am -11.00am £7 per session. All welcome, starts again on Tuesday 10th September. Contact Jo: 07760 863318 or yogawithjomail@gmail.com

YOGA BEGINNERS / INTERMEDIATES Mondays 6.00pm WI. Contact: Andy 07471 201191.

PILATES Joanne Holgate 07970 243711 Thursdays 9.30am -10.30am & 6.30pm - 7.30pm M.Ch Hall.

PILATES Catherine Nixdorf 01524 761811 or 07899 907424 WI Mondays & Wednesdays 10.00am -11.00am.

PILATES - Improve posture, gain strength & move more freely Thursdays 10.30am at EI. Contact Sam Horton sam@fitnessdynamics.co.uk or 07886 457563.

WALK-FIT & TONE - Low Impact, fun exercise to music Thursdays 9.30am at EI. Contact Sam Horton as above.

MOVING DANCING & RELAXING EI Fridays 10.00am - 11.15am melliebeing@gmail.com or 07745 849714 Dr Melanie Brierley (Registered Somatic Movement Educator and dance & health artist).

ARNSIDE TABLE TENNIS GROUP EI Tuesdays 7.30pm-9.30pm & Fridays 2.00pm-4.00pm. Informal play, club bats available. EI members £3 session, visitors £4. Diane Clubb 761299 / Neil Webster 762127. All welcome.

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 01524 963716 www.arnsidemethodistchurch.org.uk Church open 10.00am - 4.00pm. Bookings for Church and/or hall contact Pam 01524 761928. Sunday Services - 10.30am Sunday Morning Service live streamed on YouTube. **PRAY TOGETHER: WEDNESDAYS** 7.00pm in the church hall. Prayer requests can be left in the prayer corner at the back of the church.

MONDAY FRIENDSHIP GROUP STRAWBERRY TEA Sat 3rd 2.00-4.30pm in the M.Hall. £4 for tea and scones with strawberries and cream. Bring and Buy stall, chocolate tombola and Raffle in aid of St Johns Hospice

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10.00am-4.00pm. **Mass & Holy Communion** 5.30pm every Saturday & 10.00am Thursdays. All welcome. Fr. Philip Smith 015395 32731, ctkollcc@gmail.com or www.kentestuarycatholicchurches.co.uk

ST JAMES CHURCH: Contact Details: Priest-in-charge, Rev. Andrew Norman 01539562355 revdabn@gmail.com / Curate: Revd Hannah Wallace 01524 449035 revhannahwallace@gmail.com Church open for private prayer every day 9.00am to 5.00pm. **Services**: Sun 4th: 8am Holy Communion (BCP) 9.30am Parish Communion; Sun 11th 8am Holy Communion (BCP) 9.30am Parish Communion; Sun 18th 8am Holy Communion (BCP), 9.30am Service of the Word; Sun 25th 8am Parish Communion (BCP), 9.30am Parish Communion.

SUSTAINABLE ARNSIDE. Are you interested in local efforts to reduce damaging climate change and environmental degradation? Renewable energy, electric vehicle charging, water quality, plastic waste and more. To find out more about our community-led group in Arnside trying to make a difference email p.bates@lancaster.ac.uk

ARNSIDE LIBRARY LINK open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk or 01539 713524.

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel 2nd Monday of month. All welcome to attend & speak. www.arnsideparishcouncil.co.uk for agenda & minutes.

ROOMS AVAILABLE TO HIRE EI: 01524 762828 or email arnsideei@btconnect.com; **WI**: Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com **Arnside Sailing Clubhouse** arnsidesc.secretary@gmail.com

ARNSIDE HELPWAYS for medical appointments only. Leave details on:07534 660667. New drivers welcome - leave details on phone or email. Do not use the email address for transport requests). wood.edge@btinternet.com

BUSY BEES Baby & Toddler Group. Wednesdays 10.00am-11:30am. Methodist Hall during term time. All babies, pre-school children, parents/carers welcome. 50p per session. Sue 01542 761542. **No sessions in August.**

ARNSIDE CHRISTIANS TOGETHER MONTHLY MANNA Fri 5th 12.15pm- 1.30pm @ St. James' - bring your own lunch.

HERON THEATRE see www.theherontheatre.com August films – The Old Oak Fri 2nd Cabrini Fri 16th

DEADLINE FOR BROADSHEET ENTRIES for **September: 15th email: broadsheet@arnsidevillage.co.uk** or for more detailed notices or messages send to the Arnside village website: support@arnsidevillage.co.uk.

ARNSIDE BROADSHEET – For donations to the Broadsheet (cash or cheque) post to Broadsheet Treasurer, c/o 53 Silverdale Road, Arnside.