

# ARNSIDE BROADSHEET

JULY 2024



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We have started work to update the **Arnside Directory for 2025**. If your club, society, group or business is currently listed and you have any changes from the 2024 edition please let us know by **31 July 2024**. Also, if you are not currently listed and would like an entry please contact - Business advertisements: [directory@arnsidevillage.co.uk](mailto:directory@arnsidevillage.co.uk) Club, society or group entry: [peter.wbird@btinternet.com](mailto:peter.wbird@btinternet.com)

**MIDSUMMER CRAFT FAIR 29<sup>th</sup> & 30<sup>th</sup> June** WI & M.CH hall.10.00am-4.00pm. Refreshments available. Free admission. Supporting the children's playground fund.

**Silverdale Arts Festival & Arnside Artists Open Studios.** Venues in both villages **29<sup>th</sup> & 30<sup>th</sup> June**. See Facebook, Arnside Village website & posters for details.

**30th June 7.30pm St John's Church, Silverdale**  
*Ensemble In Echo* - German baroque music by Pachelbel, Sommer & others. Tickets £10-£20, £5 U-25's. Cash on the door/Silverdale Pharmacy [www.trybooking.com/uk/DLMW](http://www.trybooking.com/uk/DLMW)

**HERON CORN MILL** summer programme includes: Mill tours; Foodie Fridays; Crafternoons and Powsowdie. For details see [www.heronmill.org](http://www.heronmill.org) or email: [info@heronmill.org](mailto:info@heronmill.org)

**ARNSIDE SAILING CLUB MUSIC EVENTS** 29<sup>TH</sup> June - The Phillistans; 6<sup>th</sup> - The Size; 12<sup>th</sup> Barney Kenny & Chris Murphy; 3rd August - Katie and the Bad Sign.  
[www.ascclubhouse.org.uk](http://www.ascclubhouse.org.uk)

**ARNSIDE SAILING CLUB** Sailing, paddleboarding and kayak lessons. Children's sailing course at Killington in summer holiday. See [www.arnsidesailingclub.co.uk/join](http://www.arnsidesailingclub.co.uk/join)

**PARISH OUTING** 25<sup>th</sup> Coach trip over Kirkstone Pass to Glenridding, Ullswater boat trip, visits to Pooley Bridge, C12<sup>th</sup> church, Barton, & Penrith. Leave Arnside at 9.00am, return about 6.30pm. £25 (coach & boat trip). All welcome. Phone Anne Jackson: 01524 761174 to book/more details.

**ARNSIDE & SILVERDALE PHOTOGRAPHY CLUB (previously Junction 36 Photoclub)** EI Thursdays 7.30pm starting in September. Talks on a variety of subjects & competitions. Contact [robjackzn@aol.com](mailto:robjackzn@aol.com)

**Arnside & Arnside Knott WI 2.00pm 8<sup>th</sup> The Laughter Prescription** by Rev John Morton. Jokes, anecdotes & humorous poetry. All welcome. Non-members £3  
[www.arnsidewi.co.uk](http://www.arnsidewi.co.uk)

**ARNSIDE COMPUTER GROUP** EI: 2.00pm – 4.00pm 2<sup>nd</sup> Digital Photography; 16<sup>th</sup> The language of IT. Individual IT support. Fun quiz after refreshments. EI members £3 non-members £4. Eileen 01524 761720.

**ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY:** walks: 8<sup>th</sup> Butterflies of Arnside Knott; 17<sup>th</sup> Warton Slag Banks plants, moths, butterflies, 25<sup>th</sup> Scout Scar flora & fauna of limestone habitats; 29<sup>th</sup> Myers Allotment butterfly walk. See [www.arnsideanddistrictnhs.co.uk](http://www.arnsideanddistrictnhs.co.uk)

**ARNSIDE SNOOKER SOCIAL GROUP** EI Monday & Tuesday mornings 9.00am - 12.00pm. Contact the EI office if you are interested in joining this friendly group.

**Arnside Broadsheet** is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

**ARNSIDE BUS SERVICES:** Monday-Saturday to Kendal; Tuesday- Morecambe. Buses leave promenade at 9.30am. Kirkby Lonsdale Thursday leaves the promenade at 7.45am. Timetables at the bus stop. Return journeys check with the driver.

**ARNSIDE ARCHIVE** – Wednesdays 10.00am-12.00pm EI. Email: [arnsidearchivegroup@gmail.com](mailto:arnsidearchivegroup@gmail.com) to arrange visit. See website for local history, picture collections & items of interest: [www.arnsidearchive.org.uk](http://www.arnsidearchive.org.uk)

**ARNSIDE BOWLING CLUB** Come and have a try, all ages welcome. Bowls and instruction available. Social bowling Tuesday, Friday & Sunday from 2.00pm or by arrangement. Contact Sheila Fishlock 015395 62258.

**LAKES GOSPEL CHOIR CONCERT** St James Church **7.00pm 20<sup>th</sup>** Tickets £8 (includes refreshments) from Steph Woodburn 01524 761157 or at the door. U-16's free.

**ARNSIDE SIGHT ADVICE GROUP** meets Monday 15<sup>th</sup> at 10.30am - 12.00pm M.Ch Hall. All visually impaired people welcome. £3. Contact Tony Rees 01524 761478.

**ARNSIDE COUNTRY MARKET** Fridays 9.30am-12.00pm WI. Local home baking, crafts, plants, preserves, seasonal fruit & veg. Free entry. All welcome. Refreshments.

**ARNSIDE PROBUS** EI every 2nd Thursday. Lunch 12.30pm for 1.00pm, followed by a speaker. Contact Mike Marczynski 07710 154463 [mikemarczynski2@gmail.com](mailto:mikemarczynski2@gmail.com)

**ARNSIDE COMMUNITY CAFÉ** EI for brews, biscuits & banter Mondays 10.15am - 11.30am. We are taking a break in August, resuming in September.

**ARNSIDE BRIDGE CLUB EI. Monday:** Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. **Tuesday & Friday** Duplicate Bridge: 6.45pm for 7.00pm. Partners required. Contact: Phil Hine 01524 761086 or 07768 570900 or [www.bridgewebs.com/arnside](http://www.bridgewebs.com/arnside)

**ARNSIDE ART GROUP** Wednesdays 2.00pm-4.00pm at the WI. Contact [paul.beverly57@gmail.com](mailto:paul.beverly57@gmail.com)

**BADMINTON AT THE EI Mondays 7.00pm-9.00pm** new members welcome. Contact: Jon Race 01539 564119 / [jonrace@btinternet.com](mailto:jonrace@btinternet.com) for juniors or Cath Grayson 01524 76134 / [cathgrayson@hotmail.co.uk](mailto:cathgrayson@hotmail.co.uk)

**ARNSIDE TENNIS CLUB** Membership available. Social sessions weekday mornings from 9.30am. Wednesdays from 6.00pm; Sundays from 3.00pm. Coaching with LTA accredited coach, James Wright. Pay & play available for non-members. Email [amandajanedeakin@icloud.com](mailto:amandajanedeakin@icloud.com) or visit [www.arnsidetennisclub.co.uk](http://www.arnsidetennisclub.co.uk)

**THE BLACKSHEEP UKULELE BAND** EI Thursday 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or [assykes@gmail.com](mailto:assykes@gmail.com).

**SCRABBLE AND OTHER GAMES EI** 7.00pm - 9.00pm for friendly games. First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

**ARNSIDE RAMBLERS; SCRAMBLERS; AMBLERS;**  
Walks from gentle three-mile strolls to 10-mile treks scrambling & fell tops. Dawn Hancock 01524 730223 [arnsideramblers20@gmail.com](mailto:arnsideramblers20@gmail.com) [www.arnsideramblers.co.uk](http://www.arnsideramblers.co.uk)

**ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM**  
Tuesday 2nd & 16th, 10.00am -3.00pm EI. We make reusable menstruation kits & knits for women, girls & refugees. New members or visitors always welcome. Lin on 07780 002227or [arnsidestitchintime@gmail.com](mailto:arnsidestitchintime@gmail.com).

**BEETHAM COMMUNITY BAND Saturday** morning from 10.30am at St Michael & All Angels Church. All welcome. Contact Tess on 07725 580095 or just pop in to see us.

**ARNSIDE YOUTH GROUPS** Fridays at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: [rosiebrown@keyprojectcumbria.onmicrosoft.com](mailto:rosiebrown@keyprojectcumbria.onmicrosoft.com)

**AgeUK Seated Exercise Class:** M.Ch. Fridays 9.30am-10.30am & 11.00am-12.00pm. £2.50. Gentle exercise for mobility, strength & balance. Eileen 01524 761720.

**GENTLE YOGA CLASS** WI Tuesday 10.00am -11.00am £7 per session. All welcome. No classes after 16<sup>th</sup> July. Re-start in September - date to be advised. Contact Jo: 07760 863318 or [yogawithjoomla@gmail.com](mailto:yogawithjoomla@gmail.com)

**YOGA BEGINNERS / INTERMEDIATES** Mondays 6.00pm WI. Contact: Andy 07471 201191.

**PILATES Joanne Holgate 07970 243711** Thursdays 9.30am -10.30am & 6.30pm - 7.30pm M.Ch Hall.

**PILATES Catherine Nixdorf 01524 761811 or 07899 907424** WI Mondays & Wednesdays 10.00am -11.00am.

**PILATES** - Improve posture, gain strength & move more freely Thursdays 10.30am at EI. Contact Sam Horton [sam@fitnessdynamics.co.uk](mailto:sam@fitnessdynamics.co.uk) or 07886 457563.

**WALK-FIT & TONE - Low Impact, fun exercise to music** Thursdays 9.30am at EI. Contact Sam Horton as above.

**MOVING DANCING & RELAXING** EI Fridays 10.00am - 11.15am [melliebeing@gmail.com](mailto:melliebeing@gmail.com) or 07745 849714 Dr Melanie Brierley (Registered Somatic Movement Educator and dance & health artist).

**ARNSIDE TABLE TENNIS GROUP** EI Tuesdays 7.30pm-9.30pm & Fridays 2.00pm-4.00pm. Informal play, club bats available. EI members per £3 session, visitors £4. Diane Clubb 01524 761299 / Neil Webster 01524 762127. All welcome.

**ARNSIDE METHODIST CHURCH** Rev Tiras Dainty-Share 01524 963716 [www.arnsidemethodistchurch.org.uk](http://www.arnsidemethodistchurch.org.uk) Church open 10.00am - 4.00pm. Bookings for Church and/or hall contact Pam 01524 761928. Sunday Services - 10.30am. 7th Church Anniversary. Reflective service 21st, 4.00pm. Sunday Morning Service live streamed on YouTube. **PRAY TOGETHER: WEDNESDAYS** 7.00pm in the church hall. Prayer requests can be left in the prayer corner at the back of the church.

**OUR LADY OF LOURDES CATHOLIC CHURCH** Open daily 10.00am-4.00pm. **Mass & Holy Communion** 5.30pm every Saturday & 10.00am Thursdays. All welcome. Fr. Philip Smith 015395 32731, [ctkollcc@gmail.com](mailto:ctkollcc@gmail.com) or [www.kentestuarycatholicchurches.co.uk](http://www.kentestuarycatholicchurches.co.uk)

**ST JAMES CHURCH:** Priest-in-charge, Revd. Andrew Norman 015395 62355 [revdabn@gmail.com](mailto:revdabn@gmail.com) / Curate: Revd Hannah Wallace: 01524 449035 [revhannahwallace@gmail.com](mailto:revhannahwallace@gmail.com) Church open for private prayer every day 9.00am to 5.00pm. **Morning Prayer** every Wednesday 8.15am. **School Church** – every Wednesday 9.00am during term time. **Services:** 7<sup>th</sup> 8.00am Holy Communion (BCP), 9.30am Parish Communion with Junior Church; 14<sup>th</sup> : 8.00am Holy Communion (BCP), 9.30am Worship Together with Baptism, 2.30pm Hymns on the Prom for Sea Sunday; 21<sup>st</sup>: 8.00am Holy Communion (BCP), 9.30am Parish Communion for St James Day Patronal Festival, 3.00pm Songs of Praise; 28<sup>th</sup> : 8.00am Holy Communion (BCP), 9.30am Parish Communion with Junior Church.

**SUSTAINABLE ARNSIDE.** Are you interested in local efforts to reduce damaging climate change & environmental degradation? Would you like to install solar panels but don't have the money to do it? Sustainable Arnside is considering setting up a community interest company to install solar panels. For more information /express an interest contact: [p.bates@lancaster.ac.uk](mailto:p.bates@lancaster.ac.uk)

**ARNSIDE LIBRARY LINK** open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email [janet.sherwin@cumbria.gov.uk](mailto:janet.sherwin@cumbria.gov.uk) or 01539 713524.

**ARNSIDE PARISH COUNCIL** 7.15pm Cemetery Chapel 2<sup>nd</sup> Monday of month. All welcome to attend & speak. [www.arnsideparishcouncil.co.uk](http://www.arnsideparishcouncil.co.uk) for agenda & minutes.

**ROOMS AVAILABLE TO HIRE EI:** 01524 762828 or email [arnsideei@btconnect.com](mailto:arnsideei@btconnect.com); **WI:** Lindy Brough 01524 761752 or [Arnside.village.hall@gmail.com](mailto:Arnside.village.hall@gmail.com) **Arnside Sailing Clubhouse** [arnsidesc.secretary@gmail.com](mailto:arnsidesc.secretary@gmail.com)

**ARNSIDE HELPWAYS** for medical appointments only. Leave details on:07534 660667. New drivers welcome - leave details on phone or email. Do not use the email address for transport requests).[wood.edge@btinternet.com](mailto:wood.edge@btinternet.com)

**MONDAY FRIENDSHIP GROUP** 2.00pm - 4.00pm: 1<sup>st</sup>. AGM followed by a local quiz. £2 includes tea/coffee and cake. Lifts available, contact Pam 01524 7619 28 or Eileen 01524 761720. Everyone welcome.

**BUSY BEES Baby & Toddler Group.** Wednesdays 10.00am-11:30am. Methodist Hall during term time. All babies, pre-school children, parents/carers welcome. 50p per session. Sue 01542 761542. **No sessions in August.**

**ARNSIDE CHRISTIANS TOGETHER**  
**MESSY CHURCH** 12<sup>th</sup> 3.30pm - 5.30pm, at the M.Ch. Fun for families, activities, learn more about Jesus and share a simple meal. **MONTHLY MANNA** 5th, 12.15pm- 1.30pm @ St. James' - bring your own lunch.

**HERON THEATRE** see [www.theherontheatre.com](http://www.theherontheatre.com) for films in July: One Life 5<sup>th</sup>; The Miracle Club 19<sup>th</sup>.

**DEADLINE FOR BROADSHEET ENTRIES for August:** 15<sup>th</sup> email: [broadsheet@arnsidevillage.co.uk](mailto:broadsheet@arnsidevillage.co.uk) or for more detailed notices or messages send to the Arnside village website: [support@arnsidevillage.co.uk](mailto:support@arnsidevillage.co.uk).

**ARNSIDE BROADSHEET** – For donations to the Broadsheet (cash or cheque) post to Broadsheet Treasurer, c/o 53 Silverdale Road, Arnside.

**EI: Educational Institute; M.Ch: Methodist Church; WI: WI & Village Hall;**