

ARNSIDE BROADSHEET

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arnsidevillage.co.uk

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ARNSIDE BROADSHEET – thanks for donations from our clubs, societies and from individuals. Donations always welcome to keep the Broadsheet going. For donations to the Broadsheet (cash or cheque) post to Broadsheet Treasurer, c/o 53 Silverdale Road, Arnside

ARNSIDE COMPUTER GROUP El Tues:2-4pm Teaching session with Chris Kirk@2pm 7th "Credit Score/Reading Reviews. Eileen 01524 761720.Refreshments followed by individual help and quiz El I members £3 non members £4

ARNSIDE AND ARNSIDE KNOTT WI

www.arnsidewi.co.uk 2pm Mon 13th. A fascinating presentation by Phillip Burley about the 'History of Puzzles.' All welcome-non members £3 <https://www.arnsidewi.co.uk>

Ensemble Pro Victoria 'The English Chapel Royal to Venice'.12th 5.00pm @ St John's Church, Silverdale. A concert exploring sacred music of C16th England & C17th century Venice.

Tickets www.trybooking.com/uk/DEUH For information see: [facebook.com/SilverdaleRenaissance](https://www.facebook.com/SilverdaleRenaissance)

Arnside and District Natural History Society. For details of the summer field trips programme 8th **Barkbooth Lot & Low Fell Plantation 21st - Barbondale birdwatching** see: www.arnsideanddistrictnhs.co.uk

ARNSIDE WI & VILLAGE HALL - Europe's No 1 Western Swing band **The Swing Commanders** coming to Arnside - **Sat 22nd June 7.30 pm** - Tickets £18 – Bring your own refreshments. Liz 01524 762740 – or Joan 07878 732960 to book tickets. Part of fund raising for the roof

ARNSIDE BUS SERVICES: Mon – Sat Kendal; Tues-Morecambe; Thurs- Kirkby Lonsdale. Buses leave promenade at 9.30am EXCEPT Thursday which leaves before 8.00am. **Check timetables at the bus stop. Return journey check with the driver.**

ARNSIDE ARCHIVE: COFFEE MORNING, Pop-up exhibition - Sat 25th 10am to 12noon in preparation for autumn exhibition the theme of "The Families who made Arnside." Pop along and let us know your family connections with the village. Free entry, coffee £2 Archive open: Wednesdays 10.00am -12.00 pm. For local history see www.arnsidearchive.org.uk

HERON CORN MILL programme of events 2024 is now available. 13th The Mills of Ulverston - booking essential. See www.heronmill.org or email: info@heronmill.org

ARNSIDE SIGHT ADVICE GROUP meets Monday 20th at 10.30am - 12.00pm M.Ch Hall. All visually impaired people welcome. £3. Contact Tony Rees 01524 761478.

ARNSIDE COUNTRY MARKET Fridays 9.30am-12.00pm WI. Local home baking, crafts, plants, preserves, seasonal fruit & veg. Free entry. All welcome. Refreshments.

BUSY BEES BABY & TODDLER GROUP Wednesdays 10.00am -11.30am in M.Ch Hall - term time. Babies & pre-school children, parents/carers welcome. 50p per session. Sue 01524 761542.

ARNSIDE PROBUS Meeting every 2nd Thursday at El. Lunch 12.30 for 1pm, followed by a speaker. Contact Mike Marczynski 07710154463, mikemarczynski2@gmail.com for further details.

Monday Friendship Group (MFG) 2.00pm – 4.00pm contact Pam 01524 761928 or Eileen 01524 761720. 20th "When things go wrong in Childbirth in Africa' with Brian Hancock OBE.

Last Night at the Proms Sat 18th 6.45 at AmC Featuring Unity Brass top Salvation Army players in the North West. £10 from Alan Garner 761542 alansueg@yahoo.com

ARNSIDE SAILING CLUB Watersports Sat 25th Try Sailing Day. May Half Term - Youth Beginner (aged 8 upwards) and improver courses at Killington Paddleboard, Sit On Top Kayak, Adult and Youth Sailing Lessons www.arnsidesailingclub.co.uk/learn

SAILING CLUB Live Music Sun 5th 4.30pm Blues Jam. Mon 6th 4.30 pm Swallows and Amazons Film Sat 11th 8pm Paddy Rogan and Beak Davison Fri 17th 8pm Fundraising disco for Oliver Mason Sat 18th 8pm Katie O'Malley and the Bad Sign Sun 19th 5pm Ian Bailey Sat 25th 8pm J P Worsfold& Band of Gold **SOUL AT THE SAILING CLUB Sun 26th 4pm till 8pm** The best of Northern, Motown and Soul Classics on a Sunday soulful afternoon, music from our resident DJ Dave Brown tickets £5 from ASC clubhouse website/pay on the door subject to availability www.ascclubhouse.co.uk

ARNSIDE SNOOKER SOCIAL GROUP El Monday & Tuesday mornings 10.00am to 12.00pm. Contact the El office if you are interested in joining this friendly group.

ARNSIDE AND MILNTHORPE COMMUNITY FIRST RESPONDERS AGM 1st, 7.00pm at El. Open to all. Find out what we do and who we are. All welcome.

ARNSIDE LADIES' CHOIR A warm welcome and no audition. WI Fridays 2.00pm – 4.00pm. Contact: 01539 731719 or t_fleming@talk21.com

ARNSIDE STITCHERS Sessions restart in September. Marj: 01524 762634 or hartsop97@gmail.com

ARNSIDE COMMUNITY CAFÉ - El. Monday 10.15am - 11.30am. Come along for brews, biscuits and banter. Enquiries: Sue Gibbs 01524 762460.

ARNSIDE BRIDGE CLUB El. Mon: Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. **Tues & Fri:** Duplicate Bridge: 6.45pm for 7.00pm. Partners required, Phil Hine 01524 761086 or 07768 570900 details see: www.bridgewebs.com/arnside

BADMINTON AT THE EI Mon 7.00pm-9.00pm new members welcome. For juniors please contact: Jon Race 01539 564119 / jonrace@btinternet.com or Cath Grayson 01524 76134 / cathgrayson@hotmail.co.uk

ARNSIDE ART GROUP Wednesdays 2.00pm - 4.00pm at the WI. Contact paul.beverly57@gmail.com

ARNSIDE TENNIS CLUB Membership available. Social sessions weekday mornings from 9.30am; Wed from 6.00pm; Sun from 3.00pm. Coaching with LTA accredited coach, James Wright. Pay & play available for non-members. Email amandajanedekain@icloud.com or visit www.arnsidetennisclub.co.uk

JUNCTION 36 PHOTO CLUB camera club all levels EI Thursday at 7.30pm. Annual subscription £40. Contact Rob Jackson: robjackzn@aol.com

THE BLACKSHEEP UKULELE BAND EI Thursday 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com.

ARNSIDE RAMBLERS; SCRAMBLERS; AMBLERS; B AMBLERS Four Levels of walks from gentle three-mile strolls to ten-mile treks scrambling & fell tops. Dawn Hancock 01524 730223 or arnsideramblers20@gmail.com or www.arnsideramblers.co.uk for more information.

SCRABBLE AND OTHER GAMES EI 7.00pm - 9.00pm for friendly games. First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM Lin on 07780 002227 arnsidesitchintime@gmail.com. Tuesday **7th & 21st**, 10.00 -3.00pm at the EI. We make reusable menstruation kits & knits for women, girls & refugees. New members or visitors always welcome.

BEETHAM COMMUNITY BAND Saturday morning from 10.30am at St Michael & All Angels Church. No audition or experience needed. We are a group of like-minded people having musical fun. Learn to play an instrument. For details call Tess on 07725 580095 or just pop in to see us.

Sustainable Arnside's Big Green Swap at EI on Mon **10th June** between **10.15 and 12.00**. Any spare plants, seedlings, or anything 'green' can be swapped for free. The event is held to celebrate **The Great Big Green Week**, a national event.

ARNSIDE YOUTH GROUPS Fridays at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: rosiebrown@keyprojectcumbria.onmicrosoft.com

AgeUK Seated Exercise Class: M.Ch. Fridays 9.30am-10.30am & 11.00am-12.00pm. £2.50. Gentle exercise for mobility, strength & balance. Eileen 01524 761720.

GENTLE YOGA CLASS WI Tues 10.00am -11.00am £7 per session. All welcome. Contact Jo: 07760 863318 or yogawithjomail@gmail.com

YOGA BEGINNERS / INTERMEDIATES Mondays 6.00pm WI. Contact: Andy 07471 201191.

PILATES Joanne Holgate 07970 243711 Thursdays 9.30am -10.30am & 6.30pm - 7.30pm M.Ch Hall.

PILATES Catherine Nixdorf 01524 761811 or 07899 907424 WI Mondays & Wednesdays 10.00am-11.00am.

PILATES - Improve posture, gain strength & move more freely Thur 10.30am at EI. Contact Sam Horton sam@fitnessdynamics.co.uk or 07886 457563.

WALK-FIT & TONE - Low Impact, fun exercise to music Thursdays 9.30am at EI. Contact Sam Horton as above.

MOVING DANCING & RELAXING EI Fridays 10.00am-11.15am melliebeing@gmail.com or 07745849714 Dr Melanie Brierley (Registered Somatic Movement Educator and dance & health artist).

ARNSIDE TABLE TENNIS GROUP EI Tuesdays 7.30pm-9.30pm & Fridays 2.00pm-4.00pm. Informal play, club bats available. EI members £3 session, visitors £4. Diane Clubb 01524 761299 / Neil Webster 01524 762127. All welcome

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 01524 963716 www.arnsidemethodistchurch.org.uk Church open 10.00am – 4.00pm, door closed to retain heat. Bookings for Church and/or hall contact Pam 01524 761928. Sunday Services at 10.30am. Reflective service 19th at 4.00pm. Sunday morning service live streamed on YouTube. Pray Together: Wednesdays 7.00pm M.Ch Hall.

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10am - 4pm. **Mass & Holy Communion** 5.30pm every Sat & 10.00am every Thurs. All welcome. Fr. Philip Smith 015395 32731, ctkollcc@gmail.com or www.kentestuarycatholicchurches.co.uk

ST JAMES CHURCH: Contact Details: Priest-in-charge, Rev. Andrew Norman 015395 62355 revdabn@gmail.com / Curate: Revd Hannah Wallace 01524449035 revhannahwallace@gmail.com Church open for private prayer every day 9.00am to 5.00pm. **Services:** Sun **5th**: 8.00am Holy Communion, 9.30am Parish Communion with Junior Church; Sun **12th**: 8.00am Holy Communion, 9.30am All-Age Worship; Sun **19th** (Pentecost) 8.00am Holy Communion, 9.30am Parish Communion with Junior Church; Sun **26th** : (Trinity Sun) 8.00am Holy Communion, 9.30am Parish Communion with Junior Church. **Morning Prayer** every Wednesday 8.15am. **School Church** – every Wednesday 9am during term time.

ARNSIDE LIBRARY LINK open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk or 01539 713524

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel 2nd Mon of month. Public welcome to attend & speak. www.arnsideparishcouncil.co.uk for agenda & minutes

ROOMS AVAILABLE TO HIRE EI: 01524 762828 or email arnsideei@btconnect.com; **WI:** Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com **Arnside Sailing Clubhouse** arnsidesc.secretary@gmail.com

ARNSIDE HELPWAYS for medical appointments only. Leave details on:07534 660667. New drivers welcome—leave details on phone or email Do not use the email address for transport requests). wood.edge@btinternet.com

DEADLINE FOR BROADSHEET ENTRIES for June: 15th email: broadsheet@arnsidevillage.co.uk or for more detailed notices or messages to the Arnside village website: support@arnsidevillage.co.uk.

EI: Educational Institute; M.Ch: Methodist Church; WI: WI & Village Hall;