

ARNSIDE BROADSHEET

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Arnside
C U M B R I A

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arnsidevillage.co.uk

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If have more information than we can include in the Broadsheet please send it to the Arnside Village website: support@arnsidevillage.co.uk

ARNSIDE PLAYGROUND GROUP Save the Date 24th A Jumble/Vintage/Bric-a-Brac Sale in aid of the Playground is to be held at the W.I. on Sat 24th.. If you're having a post-Christmas clear-out, please bear it in mind!

ARNSIDE AND ARNSIDE KNOTT WI 2pm Mon 12th The Running Granny' - Angela White will be speaking about running, at the age of 60, from John O'Groats to Land's End, for a world record. All welcome-non members £3 <https://www.arnsidewi.co.uk>

ARNSIDE SIGHT ADVICE GROUP meets Mon 19th, 10.30 to 12.00, at Methodist church hall. All visually impaired people welcome. £3. Contact Tony Rees 01524 761478.

ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY events: Bird watching at Rossall Point, Fleetwood Marsh Nature Reserve Mon 12th all welcome. Lecture at WI Professor John Quinton 'Soil - the brown gold that underpins our very survival'. Thur 8th 7.30pm. See www.arnsideanddistrictnhs.co.uk for more information about these and more events.

ARNSIDE LECTURE GROUP WI - Nature in our local landscape: February 1, 8,15, 22.-Start time 2.15 Moths and Butterflies – Steve Benner; Birds – John Webb; Geology – Mike Warren; Arnside & Silverdale: our National Landscape – Caroline Howard & Dougie Watson Enquiries: Daphne Jarvis 01524 761606. £3.00 entry.

ARNSIDE COUNTRY MARKET reopens 9th Feb. Arnside Country Market, Fridays 9.30-12 noon, in W.I./village hall. Local home baking, crafts, plants, preserves, seasonal fruit & veg. FREE entry. Refreshments available. All welcome, come and visit us.

BUSY BEES BABY & TODDLER GROUP Wednesdays 10.00am-11.30am in M.Ch Hall term time. Babies & pre-school children, parents/carers welcome. 50p per session. Sue 01524 761542.

AGE UK LUNCH CLUB. Wed. 3rd 12.00pm for 12.30pm at The Fighting Cocks. Advanced booking needed. Please phone Christine on 01524 761566.

ARNSIDE SNOOKER SOCIAL GROUP EI Monday & Tuesday mornings 10.00am to 12.00pm. Contact the EI office if you are interested in joining this friendly group.

ARNSIDE COMMUNITY CAFÉ - EI. Monday 10.15am - 11.30am. Come along for brews, biscuits and banter. Enquiries: Sue Gibbs 01524 762460.

ARNSIDE BRIDGE CLUB EI. Mondays: Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-

4.30pm. No partner necessary. **Tuesdays & Fridays:** Duplicate Bridge: 6.45pm for 7.00pm. Partners required Contact: Phil Hine 01524 761086 or 07768 570900 for more details see: www.bridgewebs.com/arnside

ARNSIDE LADIES' CHOIR A warm welcome and no audition. WI Fridays 2.00pm – 4.00pm. Contact: 01539 731719 or t_fleming@talk21.com

BADMINTON AT THE EI Mondays 7.00pm-9.00pm new members welcome. For more about juniors please contact: Jon Race 01539 564119 / jonrace@btinternet.com or Cath Grayson 01524 76134 / cathgrayson@hotmail.co.uk

ARNSIDE ART GROUP Meetings on Wednesday afternoons 2.00pm – 4.00pm at the WI. Contact paul.beverly57@gmail.com

ARNSIDE TENNIS CLUB Membership available. Social sessions weekday mornings from 9.30am; Wednesday from 6.00pm; Sunday from 3.00pm. Coaching with LTA accredited coach, James Wright. Pay & play available for non-members. Email amandajanedeakin@icloud.com or visit www.arnsidetennisclub.co.uk

ARNSIDE RAMBLERS; SCRAMBLERS; AMBLERS; B AMBLERS 4 Levels of walks ranging from Gentle 3 mile Strolls to 10 mile walks involving scrambling and fell tops. arnsideramblers20@gmail.com Dawn Hancock: 01524 730223. www.arnsideramblers.co.uk

THE BLACKSHEEP UKULELE BAND EI Thursday 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com.

SCRABBLE AND OTHER GAMES at EI 7.00pm-9.00pm for friendly games. First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM Lin on 07780 002227 arnsidestitchintime@gmail.com.

ARNSIDE STITCHERS Wednesdays 1.00pm - 4.00pm EI. We sew, embroider, quilt, knit, crochet & much more. Marj: 01524 762634 or hartsop97@gmail.com All welcome.

ARNSIDE ARCHIVE EI: Open Wednesdays 10am -12.00 pm. To arrange a visit arnsidearchivegroup@gmail.com For local history see www.arnsidearchive.org.uk

ARNSIDE YOUTH GROUPS Fridays at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: rosiebrown@keyprojectcumbria.onmicrosoft.com

ARNSIDE COMPUTER GROUP EI:1st and 3rd Tuesdays. We cater for all levels of ability. Regular teaching session from 2.00pm, then refreshments, followed by individual help and a short quiz. EI members £3, non-members £4. Eileen 01524 761720.

ARNSIDE SAILING CLUB 10th – Douglas and Moss, 17th Martin Carthy,

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

JUNCTION 36 PHOTO CLUB camera club all levels **EI** Thursday at 7.30pm. Annual subscription £40. Contact Rob Jackson: robjackzn@aol.com

AgeUK Seated Exercise Class: M.Ch. Fridays 9.30am-10.30am & 11.00am-12.00pm. £2.50. Gentle exercise for mobility, strength & balance. Eileen 01524 761720.

YOGA BEGINNERS / INTERMEDIATES Mondays 6.00pm WI. Contact: Andy 07471 201191.

PILATES Joanne Holgate 07970 243711 Thursdays 9.30am -10.30am & 6.30pm - 7.30pm M.Ch Hall.

PILATES Catherine Nixdorf 01524 761811 or 07899 907424 WI Mondays & Wednesdays 10.00am-11.00am.

PILATES - Improve posture, gain strength & move more freely Thursday 10.30am at the EI. Contact Sam Horton sam@fitnessdynamics.co.uk or 07886 457563.

WALK-FIT & TONE - Low Impact, fun exercise to music Thursdays 9.30am at EI. Contact Sam Horton as above.

MOVING DANCING & RELAXING EI Fridays 10.00am-11.15am melliebeing@gmail.com or 07745849714 Dr Melanie Brierley (Registered Somatic Movement Educator and dance & health artist).

ARNSIDE HIGHLIGHTS

Creative Highlights, Floral Lino Printing, Sun 4th Feb '23, 11am, £30 (+ fee)

Venue, Arnside EI

Chine collé is a fun lino printing technique, combining collage with lino printing. Just 9 places and suitable for beginners. Tools provided. You will leave the workshop with approx 12 prints. **Book online at** <https://www.ticketsource.co.uk/highlights>

Help, I think I'm a Nationalist, Sat 9 March '23, 7.30pm, ADULT £12.00 | U25 £6.00 (+ fee) **Venue,** Arnside EI
A controversial, sell-out comedy show about identity, second homes, xenophobia and bagpipes.

Could easily be set in a village on an estuary near you...
Book online at
<https://www.ticketsource.co.uk/highlights/t-yamemkd>

Tel 079800 77084

ARNSIDE TABLE TENNIS GROUP EI Tuesdays 7.30pm-9.30pm & Fridays 2.00pm-4.00pm. Informal play, club bats available. EI members £3 session, visitors £4. Diane Clubb 01524 761299 / Neil Webster 01524 762127. All welcome

SUSTAINABLE ARNSIDE. Interested in local efforts to reduce damaging climate change and environmental degradation? Join our new non-political community-led group in Arnside. email p.bates@lancaster.ac.uk

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 963716 www.arnsidemethodistchurch.org.uk
Church open 10am – 4pm, but door closed to retain heat. Bookings for Church and/or hall contact Pam 01524 761928. **Sunday Services:** at 10.30am. Reflective service 4th 4.00pm. Sunday Morning Service streamed live on You Tube. Pray Together: Wed 7pm in CH. Prayer requests can be left in the prayer corner at the back of the church.

Messy Church a joint venture of Methodists and Anglicans **Fri 9th** 3.30-5.30pm at MCH. Fun for families, activities, learn more about Jesus and share a simple meal.

Monthly Manna – Fri 2nd St. James- bring your own lunch
Monday Friendship Group (MFG) 2.00-4.00pm. **Mon 5th** Penzance to Kendal by Bus with Don and Sylvia Spivey. Also **19th**. £2 includes refreshments. Lifts available, contact Pam (761928) or Eileen (761720) All welcome

ST JAMES CHURCH: Priest-in-charge, Rev. Andrew Norman 01539562355 revdabn@gmail.com / Curate: Revd Hannah Wallace 01524 449035 revhannahwallace@gmail.com Church open for private prayer every day 9.00am to 4.00pm. Services: Sun, **4th, 11th, 18th and 25th:** 8.00am Holy Communion (BCP), 9.30am Parish Communion with Junior Church. Morning Prayer every Wed 8.15am; School Church every Wed at 9am (during term time only).

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10am - 4pm. **Mass & Holy Communion** 5.30pm every Sat & 10.00am every Thurs. All welcome. Fr. Philip Smith 015395 32731, ctkollcc@gmail.com or www.kentestuarycatholicchurches.co.uk

ARNSIDE LIBRARY LINK open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk or 01539 713524

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel 2nd Monday of month. Public welcome to attend & speak. www.arnsideparishcouncil.co.uk for agenda & minutes

ROOMS AVAILABLE TO HIRE IN ARNSIDE EI:
arnsideeducationalinstitute.org **WI:** Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com **Arnside Sailing Clubhouse** arnsidesc.secretary@gmail.com

ARNSIDE HELPWAYS Medical appointments only. Leave details on **07534 660667**. Masks optional but double vaccination required. **New drivers wanted** – leave details on phone or email wood.edge@btinternet.com **(email NOT to be used for transport requests)**

ARNSIDE BUS SERVICES Monday, Wednesday & Friday - Kendal. Tuesday - Morecambe, Thursday - Kirkby Lonsdale. Buses leave promenade at 9.30am. Return journey between 1.10pm -1.15pm. **Check with the driver.**

HERON THEATRE see www.theherontheatre.com for films and music events throughout January.

DEADLINE FOR BROADSHEET ENTRIES for March: **15th February** email broadsheet@arnsidevillage.co.uk or the Arnside village website: support@arnsidevillage.co.uk For donations to the Broadsheet (cash or cheque) post to Broadsheet Treasurer, c/o 53 Silverdale Road, Arnside.

EI: Educational Institute; M.Ch: Methodist Church; WI: WI & Village Hall;