

ARNSIDE BROADSHEET

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Arnside
C U M B R I A

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Happy New Year to all our readers and contributors. Thank you so much for all your continued support and kind feedback. It is great to know that so many of you read/ use the Broadsheet. The Broadsheet team has been really touched by your best wishes for the New Year. If have more information than we can include in the Broadsheet please send it to the Arnside Village website: support@arnsidevillage.co.uk

The Arnside RNLI November 70's disco was a great success. Thanks to all who supported this event. DJ, Dave Brown's great music ensured the dance floor was full all night long. Your generosity raised £480 which goes to the RNLI and contributes to saving lives at sea.

The coffee morning held in Storth in aid of **St John's Hospice** on November 18th raised the incredible sum of £3,239. Thanks to all who supported this event in any way.'

ARNSIDE AND ARNSIDE KNOTT WI – 2.00pm 8th A Fairtrade talk about the health hazards of climate change (and what we can do about them) by Joe Human. All welcome-non members £3 <https://www.arnsidewi.co.uk>

ARNSIDE SIGHT ADVICE GROUP Monday 15th - trip out. Contact: Tony Rees 01524 761478 for more information.

ARNSIDE LECTURE GROUP WI - Nature in our local landscape: January 18, 25, February 1, 8,15, 22. Landscape Trust Reserves – Mike Warren; Plants – Lynne Farrell; Moths and Butterflies – Steve Benner; Birds – John Webb; Geology – Mike Warren; Arnside & Silverdale: our National Landscape – Caroline Howard & Dougie Watson Enquiries: Daphne Jarvis 01524 761606. £3.00 entry.

ARNSIDE COUNTRY MARKET reopens 9th February.

BUSY BEES BABY & TODDLER GROUP Wednesdays 10.00am-11.30am in M.Ch Hall term time. Babies & pre-school children, parents/carers welcome. 50p per session. Sue 01524 761542.

AGE UK LUNCH CLUB. Wednesday. 3rd 12.00pm for 12.30pm at The Fighting Cocks. Advanced booking needed. Please phone Christine on 01524 761566.

ARNSIDE SNOOKER SOCIAL GROUP EI Monday & Tuesday mornings 10.00am to 12.00pm. Contact the EI office if you are interested in joining this friendly group.

ARNSIDE BOWLING CLUB We are closed for the winter Our AGM is Saturday 16 March at 1.00pm at club house. New bowlers welcome. Sheila Fishlock: 015395 62258

ARNSIDE AND DISTRICT NATURAL HISTORY SOCIETY: Lecture 11th The wildlife & landscapes of Argentina & Antarctica. **Field trip:** Looking for Hawfinches at Coldwell Parrock 30th www.arnsideanddistrictnhs.co.uk

ARNSIDE COMMUNITY CAFÉ - EI. Starts again on Monday 8th 10.15am - 11.30am. Come along for brews, biscuits and banter. Enquiries: Sue Gibbs 01524 762460.

Arnside Broadsheet is run, edited, typed & distributed by many volunteers for the benefit of the local Arnside community. It is a non-profit organisation, printing costs are met entirely by donations from local organisations, groups, individual residents and the Arnside Directory.

ARNSIDE BRIDGE CLUB EI. Mondays: Bridge for Beginners:1.00pm -1.40pm, Chicago Bridge:1.40pm-4.30pm. No partner necessary. **Tuesdays & Fridays:** Duplicate Bridge: 6.45pm for 7.00pm. Partners required Contact: Phil Hine 01524 761086 or 07768 570900 for more details see: www.bridgewebs.com/arnside

ARNSIDE LADIES' CHOIR A warm welcome and no audition. WI Fridays 2.00pm – 4.00pm. Contact: 01539 731719 or t.fleming@talk21.com

BADMINTON AT THE EI Mondays 7.00pm-9.00pm new members welcome. For more about juniors please contact: Jon Race 01539 564119 / jonrace@btinternet.com or Cath Grayson 01524 76134 / cathgrayson@hotmail.co.uk

ARNSIDE ART GROUP will start the new season on 10th. Meetings on Wednesday afternoons 2.00pm – 4.00pm at the WI. Contact paul.beverly57@gmail.com

ARNSIDE TENNIS CLUB Membership available. Social sessions weekday mornings from 9.30am; Wednesday from 6.00pm; Sunday from 3.00pm. Coaching with LTA accredited coach, James Wright. Pay & play available for non-members. Email amandajanedekain@icloud.com or visit www.arnsidetennisclub.co.uk

ARNSIDE RAMBLERS; SCRAMBLERS; AMBLERS; B AMBLERS arnsideramblers20@gmail.com Dawn Hancock: 01524 730223. www.arnsideramblers.co.uk

THE BLACKSHEEP UKULELE BAND EI Thursday 7.15pm for 7.30pm - 9.15pm. Contact: 07416 033929 / 07789 315753 or assykes@gmail.com.

SCRABBLE AND OTHER GAMES at EI 7.00pm-9.00pm for friendly games. First session free, then £3 per week, tea/coffee provided. Fiona Stephens 01524 762371.

Chris Bibby - the story of Bibby's Coaches of Ingleton. Arnside Probus Club invites you to this talk and lunch at The Villa, Levens 10.45am on 11th. To book & more information contact phil.molyneux@gmail.com by 5th.

ARNSIDE STITCH IN TIME / DAYS FOR GIRLS TEAM Lin on 07780 002227 arnsidesitchintime@gmail.com. Tuesday 16th only, 10.00am - 3.00pm at the EI. We make reusable menstruation kits & knits for women, girls & refugees. New members or visitors always welcome.

ARNSIDE STITCHERS Wednesdays from 10th, 1.00pm - 4.00pm EI. We sew, embroider, quilt, knit, crochet & much more. Marj: 01524 762634 or hartsop97@gmail.com All welcome.

ARNSIDE ARCHIVE EI: Open Wednesdays 10am -12.00 pm. To arrange a visit arnsidearchivegroup@gmail.com For local history see www.arnsidearchive.org.uk

ARNSIDE YOUTH GROUPS Fridays at EI. Years 7-9 6.00pm-7.30pm / Year 10+ 7.45pm-9.30pm. Contact: rosiebrown@keyprojectcumbria.onmicrosoft.com

ARNSIDE COMPUTER GROUP EI:1st and 3rd Tuesdays. We cater for all levels of ability. Regular teaching session from 2.00pm, then refreshments, followed by individual help and a short quiz. EI members £3, non-members £4. Eileen 01524 761720.

AgeUK Seated Exercise Class: M.Ch. Fridays 9.30am-10.30am & 11.00am-12.00pm. £2.50. Gentle exercise for mobility, strength & balance. Eileen 01524 761720.

GENTLE YOGA CLASS WI Tuesdays from 9th 10.00am - 11.00am £7 per session. All welcome. Contact Jo: 07760 863318 or yogawithjomail@gmail.com

YOGA BEGINNERS / INTERMEDIATES Mondays 6.00pm WI. Contact: Andy 07471 201191.

PILATES Joanne Holgate 07970 243711 Thursdays 9.30am -10.30am & 6.30pm - 7.30pm M.Ch Hall.

PILATES Catherine Nixdorf 01524 761811 or 07899 907424 WI Mondays & Wednesdays 10.00am-11.00am.

PILATES - Improve posture, gain strength & move more freely Thursday 10.30am at the EI. Contact Sam Horton sam@fitnessdynamics.co.uk or 07886 457563.

WALK-FIT & TONE - Low Impact, fun exercise to music Thursdays 9.30am at EI. Contact Sam Horton as above.

MOVING DANCING & RELAXING EI Fridays 10.00am-11.15am melliebeing@gmail.com or 07745849714 Dr Melanie Brierley (Registered Somatic Movement Educator and dance & health artist).

ARNSIDE SAILING CLUB Beak & Powney, 31st New Year Party with Shelley's Bane. 2024 9th Folk Singaround 1.00pm, 14th Ian Bailey 4.00pm, 26th Burns Night with Tattie Bogle, haggis and Scottish dancing. £12.00. To book for any event: <https://ascclubhouse.co.uk>

JUNCTION 36 PHOTO CLUB camera club all levels EI Thursday at 7.30pm. Annual subscription £40. Contact Rob Jackson: robjackzn@aol.com

ARNSIDE TABLE TENNIS GROUP EI Tuesdays 7.30pm-9.30pm & Fridays 2.00pm-4.00pm. Informal play, club bats available. EI members £3 session, visitors £4. Diane Clubb 01524 761299 / Neil Webster 01524 762127. All welcome

ARNSIDE CHRISTIANS TOGETHER. Messy Church, a joint venture of the Methodists & Anglican 12th, 3.30pm - 5.30pm, at M.CH. Fun for families: activities, learn more about Jesus & share a simple meal. **Monthly Manna** 5th, 12.15pm - 1.30pm @ St. James' - bring your own lunch.

Gardening for wildlife: 17th at 7.00pm EI. All welcome to this first event with guidance from the Arnside & Silverdale National Landscape, Cumbria Wildlife Trust & others provided. Please come to share your experience of gardening for wildlife. Or if you want to learn more join us. Contact: S.porter673@btinternet.com for more details.

SUSTAINABLE ARNSIDE. Motivated by COP28? If you are interested in local efforts to reduce damaging climate change & environmental degradation join our non-political community-led group in Arnside. p.bates@lancaster.ac.uk

ARNSIDE METHODIST CHURCH Rev Tiras Dainty-Share 963716 www.arnsidemethodistchurch.org.uk
Church open 10am – 4pm, but door closed to retain heat. Bookings for Church and/or hall contact Pam 01524 761928. **Sunday Services:** 10.30am. Reflective service 7th January, 4.00pm. Sunday Morning Service live streamed on YouTube. Pray Together: Wednesdays 7.00pm in the church hall. Prayer requests can be left in the prayer corner at the back of the church.

Monday Friendship Group (MFG) 2.00pm– 4.00pm Monday 1st no meeting, Monday 15th AgeUK Services with Hannah Kitching, Client Services Manager. £2 includes refreshments. Lifts available, contact Pam 01524 761928 or Eileen 01524 761720. Everyone welcome.

ST JAMES CHURCH: Contact Details: Priest-in-charge, Rev. Andrew Norman 015395 62355 revdabn@gmail.com
Curate: Revd Hannah Wallace 01524 449035 revhannahwallace@gmail.com Church open for private prayer every day 9.00am to 5.00pm. **Services:** 7th: 8.00am Holy Communion (BCP), 9.30am Parish Communion with Junior Church; 14th: 8.00am Holy Communion (BCP) 9.30am Parish Communion with Junior Church; 21st: 8.00am Holy Communion (BCP), 10.30am United Covenant Service at Arnside Methodist Church; 28th 8.00am Holy Communion (BCP), 9.30am Parish Communion with Junior Church.

OUR LADY OF LOURDES CATHOLIC CHURCH Open daily 10am - 4pm. **Mass & Holy Communion** 5.30pm every Sat & 10.00am every Thurs. All welcome. Fr. Philip Smith 015395 32731, ctkollcc@gmail.com or www.kentestuarycatholicchurches.co.uk

ARNSIDE LIBRARY LINK open Monday - Friday 9.00am – 7.00pm. Saturday 9.00am - 5.30pm. Email janet.sherwin@cumbria.gov.uk or 01539 713524

ARNSIDE PARISH COUNCIL 7.15pm Cemetery Chapel 2nd Monday of month. Public welcome to attend & speak. www.arnsideparishcouncil.co.uk for agenda & minutes

ROOMS AVAILABLE TO HIRE IN ARNSIDE EI: arnsideeducationalinstitute.org WI: Lindy Brough 01524 761752 or Arnside.village.hall@gmail.com **Arnside Sailing Clubhouse** arnsidesc.secretary@gmail.com

ARNSIDE HELPWAYS Medical appointments only. Leave details on 07534 660667. Masks optional but double vaccination required. **New drivers wanted** – leave details on phone or email wood.edge@btinternet.com **(email NOT to be used for transport requests)**

ARNSIDE BUS SERVICES Monday, Wednesday & Friday - Kendal. Tuesday - Morecambe, Thursday - Kirkby Lonsdale. Buses leave promenade at 9.30am. Return journey between 1.10pm -1.15pm. **Check with the driver.**

HERON THEATRE see www.theherontheatre.com for films and music events throughout January.

DEADLINE FOR BROADSHEET ENTRIES for February: 15th January email broadsheet@arnsidevillage.co.uk or the Arnside village website: support@arnsidevillage.co.uk For donations to the Broadsheet (cash or cheque) post to Broadsheet Treasurer, c/o 53 Silverdale Road, Arnside.

EI: Educational Institute; M.Ch: Methodist Church; WI: WI & Village Hall;